

Abigail M. Holder, Ph.D., NCC

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EDUCATION

- August 2021* Doctor of Philosophy, Counselor Education and Supervision
Auburn University, Auburn, AL (CACREP Accredited)
Dissertation: Career Thoughts of Incarcerated Students
- December 2020* Graduate Certificate, Program Evaluation
Auburn University, Auburn, AL
- May 2017* Masters of Education, Clinical Mental Health Counseling
Auburn University, Auburn, AL (CACREP Accredited)
- May 2014* Bachelor of Arts, Speech Communication Across the Lifespan,
Interdisciplinary Minor
Minor Concentration: Psychology, American Sign Language, and
Gerontology
Georgia State University, Atlanta, GA

PROFESSIONAL EMPLOYMENT EXPERIENCE

- August 2024-
Present* Instructor of Rehabilitation and Disability Studies, *Auburn University
Special Educations, Department of Rehabilitation, and Counseling,
Auburn, AL*
- March 2022-
July 2024* Planning and Evaluation Manager, Operations Division *Alabama
Department of Corrections, Montgomery, AL*
- October 2022 -
July 2024* Adjunct Faculty Instructor, *Troy University Division of Counseling
Rehabilitation, and Interpreter Training, Montgomery, AL*
- November 2020-
March 2022* Women's Services Specialist, Women's Services Division *Alabama
Department of Corrections, Montgomery, AL*
- January 2019-
November 2020* Graduate Research Assistant – Women's Risk Need Assessment (WRNA)
Validation Project, *Auburn University - Department of Special Education,
Rehabilitation, and Counseling, Auburn, AL*
- August 2019-
March 2020* Psychological Associate Counseling Intern, *Alabama Department of
Corrections at Julia Tutwiler Prison, Wetumpka, AL*

*August 2017-
December 2018* Graduate Assistant – Career Counselor, *Auburn University Student-Athlete Enhancement Program, Auburn, AL*

*January 2018-
May 2018* Counseling intern (Doctoral level), *Ingram State Technical College, Wetumpka, AL*

*August 2016-
May 2017* Counseling intern (Masters level), *Ingram State Technical College, Wetumpka, AL*

*August 2014-
July 2015* Paraprofessional, *Medlock Bridge Elementary School, Johns Creek, GA*

*January 2014-
May 2014* Undergraduate Intern, *Greater Atlanta Speech and Language Clinic, Marietta, GA*

INSTRUCTIONAL EXPERIENCE

Undergraduate Courses Taught (Auburn University)

RSED 3020: Introduction to Rehabilitation
 RSED 4120: Independent Living Services in Rehabilitation
 RSED 4130: Ethical Practices
 RSED 5220: Placement Services in Rehabilitation,
 COUN 3003: Career Success

Graduate Courses Taught (Troy University, Montgomery Campus)

CP 6691: Research Methodology
 PSY 6645: Evaluation and Assessment of the Individual

Graduate Courses Co-Taught (University of West Georgia)

CEPD 7141: Professional Orientation and Ethics in Counseling
 CEPD 6160: Group Counseling
 CEPD 8185: Professional Research Writing

PROFESSIONAL CERTIFICATIONS AND TRAINING

*August 2017-
Present* National Certified Counselor (NCC) #239814
 National Board of Certified Counselors

April 2023 Alabama Council on Crime and Delinquency Spring Workshop
*The Road to Successful Re-entry
 Mental Health and Crisis Intervention*

November 2021 Beyond Trauma: A Healing Journey for Women (Facilitator)

August 2021 Helping Women Recover: A Program for Treating Women (Facilitator)

May 2021 Alabama Department of Corrections Gender-Responsive and PREA (Master Trainer)

January 2021 Alabama Department of Corrections, Case Planning Training

November 2020 Women’s Risk Needs Assessment (WRNA) Training

November 2019 Beyond Violence: A Prevention Program for Criminal Justice-Involved Women (Facilitator)

November 2019 Counselors in the Courtroom: Surviving and Thriving in Court Testimony Training

October 2019 Applied Suicide Intervention Skills Training (ASIST)

January 2017 Ohio Risk Assessment System (ORAS) – Certified on all forms

October 2016 Motivational Interviewing

August 2016 Safe Zone Training – Auburn University

SUPERVISION EXPERIENCE

*August 2019-
December 2019* Counseling Supervision Internship, Supervised graduate-level counseling practicum students - Clinical Mental Health Counseling and School Counseling, *Auburn University, Auburn, AL*

*August 2019-
December 2019* Counseling Supervision Internship, Supervised graduate-level Clinical Mental Health Counseling practicum students, *University of West Georgia, Carrollton, GA*

*August 2019-
December 2019* Counseling Supervision Internship, Supervised graduate-level Group Supervision, CEPD 6188: Professional Counseling Practicum, *University of West Georgia, Carrollton, GA*

*August 2018-
December 2018* Counseling Supervision Practicum, Supervised graduate-level counseling practicum students - Clinical Mental Health Counseling and School Counseling, *Auburn University, Auburn, AL*

*August 2018-
December 2018* Counseling Supervision Practicum, Supervised graduate-level Group Supervision, COUN 7910: Counseling Practicum, *Auburn University, Auburn, AL*

PROFESSIONAL MEMBERSHIPS

Association of Women Executives in Corrections (AWEC)	2021-Present
Alabama Council on Crime and Delinquency (ACCD)	2023 - Present
Alabama Counseling Association (ALCA)	2017-Present
*Alabama Association for Counselor Education and Supervision (ALACES)	2017-Present
* Alabama Association for Addictions and Offender Counselors (ALAAOC)	2017-Present
American Counseling Association (ACA)	2017-Present
*International Association of Addictions and Offender Counselors (IAAOC)	2017-Present
*Association for Counselor Education and Supervision (ACES)	2017-Present
Chi Sigma Iota Counseling Academic and Professional Society (CSI)	2016-Present

PROFESSIONAL PROJECTS

Consultant for Gender-Responsivity and Women’s Services Division of the Alabama Department of Corrections, (October 2024 – *Present*)

- * Analyzes data and reports results of the U.S.D.O.J. Settlement Agreement Risk Management System for the ADOC, in accordance with the consent decree between the ADOC and U.S. Department of Justice.

U.S.D.O.J. Settlement Agreement Risk Management System. *Alabama Department of Corrections, Montgomery, AL* (January 2022 – July 2024)

- * Manages data collection, tracking, and monitoring all 44 provisions of the consent decree in agreement between the ADOC and the U.S. Department of Justice.

OJJDP Second Chance Act Addressing the Needs of Incarcerated Parents and Their Minor Children Grant. *Alabama Department of Corrections, Montgomery, AL* (October 2021 – July 2024)

- * ADOC Women’s Services was awarded \$744,564 for the OJJDP Second Chance grant. This grant’s focus is to enhance family visitation to make visits between mother’s and their children more inviting and comfortable. This grant also includes implementing evidence-based programs focused on parenting and mother/child relationships.

ADOC Field Training Officer (FTO) Program. *Alabama Department of Corrections, Montgomery, AL* (October 2021 – July 2024)

- * Developed the curriculum and manual for the on-the-job training program for when Correctional Officer Trainee’s return to the correctional facility after attending the

ADOC Training Academy. This curriculum assists in enforcing and teaching all necessary skills to complete correctional officer job duties in a trauma-informed and gender-responsive manner.

ADOC Liaison to Women's Risk Need Assessment (WRNA) Validation Project, *Alabama Department of Corrections, Montgomery, AL* (November 2020 – July 2024)

* This project is the result of the agreement between ADOC and the U.S. Department of Justice. Project includes collection and transfer of data to the University of Alabama and Auburn University validation project team. Liaison reports details of study progress and findings to federal and state attorneys to monitor compliance with ADOC and U.S.D.O.J. agreement.

Men's and Women's Services 2023-2025 Strategic Planning Committees. *Alabama Department of Corrections, Montgomery, AL* (December 2022 – May 2023)

* Organized and lead the development of the 2023-2025 Strategic Plans for ADOC's Men's and Women's Services Divisions.

Gender-Responsive Practices and Prison Rape Elimination Act Trainings, *Alabama Department of Corrections, Montgomery, AL; Birmingham, AL; Wetumpka, AL* (July 2021 – July 2024)

* Coordinated and instructed 3-day trainings on Gender-Responsive Correctional Practices for women's correctional facilities and PREA standards and practices in accordance to the U.S.D.O.J. Settlement Agreement Provision for new staff.

* Coordinated and instructed 4-day training for new trainers to conduct trainings for new staff in accordance to the U.S.D.O.J. Settlement Agreement Provision.

HONORS/AWARDS

March 2019 Outstanding Leadership Award, *Iota Delta Sigma*

*August 2016-
May 2017* Grant Fellow, *Building Rural Alliances through Collaboration and Education* (\$10,000)

March 2015 Professional of the Year Nominee, *Medlock Bridge Elementary*.

SERVICE

*November 2022-
Present* Research Committee Chair, *Association of Women Executives in Corrections (AWEC)*

*September 2021-
Present* Constitution and Bylaws Committee Member, *Association of Women Executives in Corrections (AWEC)*

*June 2019-
May 2020* Chapter Treasurer, *Iota Delta Sigma*

June 2018-
May 2019 Chapter Co-President, *Iota Delta Sigma*

August 2016-
August 2018 Graduate Student Mentor, *Iota Delta Sigma*

June 2017-
May 2018 Wellness and Advocacy Co-Coordinator, *Iota Delta Sigma*

January 2017-
December 2018 Volunteer graduate assistant, *Alabama Association for Counselor Education and Supervision (ALACES)*

June 2016-
May 2017 Volunteer/Outreach Coordinator, *Iota Delta Sigma*

August 2014-
June 2015 Co-facilitator of Girl Talk – a support group for young females with developmental and intellectual disabilities, *Autism Improvised, Atlanta, GA*

CONFERENCES

ALACES Conference Public Relations Co-Coordinator, (Fall, 2017). Alabama Counseling Association (ALCA), Mobile, AL.

Bynum, B., & **Holder, A. M.**, (2019, March). *Culturally Sensitive Mindfulness Interventions in Relapse Prevention Programs*. IAAOC Carousel at the American Counseling Association (ACA), New Orleans, LA.

Cheatham, L., Kenney, J.L., Daquin, J., Dolliver, M.J., Hall, A., Derzis, N., **Holder, A.**, Mautz, K., Foster, D., Roe, V., Lambert, E., Shippen, N., & Reid, L.W. (January 2021). *Assessing the Reliability of the Women's Risk Needs Assessment within an Alabama State Women's Prison*. Paper presented at the Society of Social Work and Research, online.

Evans, A. M., Craigen, L., Murphy, P., & **Holder, A. M.** (2018, April). *Puppet play in child welfare: An emotional regulation activity*. American Counseling Association (ACA), Atlanta, GA.

Harrell, L., & **Holder, A. M.**, (2019, October) *Career Development Courses: Engaging Students and Empowering Educators*. Association for Counselor Education and Supervision (ACES), Seattle, WA. (acceptance rate 57.69%) (Funded)

Holder, A. M. & Bynum, B. (2017, November). *Treatments for offenders with a substance abuse history*. Alabama Counseling Association (ALCA), Mobile, AL.

Holder, A. M., Mautz, E. K., & Wofford, L. (2018, April). *Motivational interviewing with clients who criminally offend*. IAAOC Carousel at the American Counseling Association (ACA), Atlanta, GA. (Funded)

Holder, A. M. (2018, October). *The pattern of female incarceration: The presence of abuse and substance misuse with incarcerated women*. Southern Association for Counselor Education and Supervision (SACES), Myrtle Beach, SC. (Funded)

Holder, A. M. & Stokes-Harrell, L. (2018, October). *The importance of empowering graduate level students through career development to pursue employment*. Southern Association for Counselor Education and Supervision (SACES), Myrtle Beach, SC. (Funded)

Holder, A. M. & Stokes-Harrell, L. (2018, November). *Using Chi Sigma Iota to Promote Career Development of Graduate Student*. Alabama Counseling Association Conference (ALCA), Birmingham, AL. (Funded)

Holder, A. M. (2019, March). *Examination of Gender-Specified Treatment for Incarcerated Women*. American Counseling Association (ACA), New Orleans, LA.

Holder, A. M. (2019, October) *Supervising the Novice Counselor in Work with Offenders*. Association for Counselor Education and Supervision (ACES), Seattle, WA. (acceptance rate 57.69%) (Funded)

INVITED TALKS

Derzis, N., **Holder, A. M.** (2019, May). *Mental health awareness month: Information and resources for awareness*. GE Aviation, Auburn, AL.

Tyler, J., Ellerman, H., Green, M., Harrell, L., **Holder, A. M.**, Niculaes, S., Robinson, S. (2018, September). *Best practices in supervision: A training for site supervisors*, Auburn University, Auburn, AL.

INVITED LECTURES

Lecture: Diversity in the Workplace in COUN 2000: Living and Communicating in a Diverse Society. *Auburn University, Auburn, AL.* (March 3 2019)

Lecture: Career Resources and Counseling Services in COUN 1000: Career Orientation Exploration. *Auburn University, Auburn, AL.* (September 19 2017; February 26, 2018)

Lecture: Career Resources and Counseling Services in COUN 2970: Special Topics in College Student Development - Professional and Personal Success Skills and *Auburn University, Auburn, AL.* (October 16 2017; April 2 2018; June 7 2018; July 3 2018)

PEER REVIEWED PUBLISHED RESEARCH

Holder, A. M., Derzis, N. C., Shippen, M., & Park, J. (2023). Career thoughts of incarcerated students. *Journal of Adult and Continuing Education, 29*(2), 720-734.
<https://doi.org/10.1177/14779714231180300>

NON-PEER REVIEWED PUBLISHED RESEARCH

Weaver, S., Hall, A.L., Derzis, M., Shippen, M., **Holder, A.,** Ellerman, H., Stoll, S., (August 2019). Tutwiler inmate polling data report: Annual results 2018-2019.

* This report summarizes the data collected from the Tutwiler polling session of female inmates during the 2018-2019 Polling Year by the Auburn University research team.

Weaver, S., Hall, A.L., Derzis, N., Shippen, M., **Holder, A.,** Ellerman, H., Stoll, S. (October 2019). Tutwiler inmate polling data report: First session results.

* Collected data at Julia Tutwiler Prison for Women and prepared narrative, tables, and charts for third session report for the Alabama Department of Corrections in partial fulfillment of the U.S. Department of Justice Prison Rape Elimination Act (PREA) settlement requirements.

Weaver, S., Hall, A.L., Derzis, N., Shippen, M., **Holder, A.,** Ellerman, H., Stoll, S. (June 2019). Tutwiler inmate polling data report: Third session results.

* Collected data at Julia Tutwiler Prison for Women and prepared narrative, tables, and charts for third session report for the Alabama Department of Corrections in partial fulfillment of the U.S. Department of Justice Prison Rape Elimination Act (PREA) settlement requirements.

BOOK EXCERPTS

Iarussi, M. M., (2019). *Integrating motivational interviewing and cognitive behavior therapy in clinical practice*. Routledge

*Excerpt: Chapter 13: Criminal Offenses, Voices from the Field 12.3

INTERNATIONAL RESEARCH TRAVEL

June 2016

Seoul, South Korea. Auburn University Counseling research team in conjunction with graduate students in Korea University. Presented current research at Korea University.

PAST RESEARCH TEAMS

Women's Risk Need Assessment (WRNA) Validation Project. *Auburn University Department of Special Education, Rehabilitation, and Counseling, Auburn, AL* (January 2019 – November 2020)

*In collaboration with University of Alabama. Four-year, validation study of the Alabama Department of Corrections' Women's Risk Needs Assessment process.

Prison Rape Elimination Act (PREA) Project. *Auburn University Department of Special Education, Rehabilitation, and Counseling, Auburn, AL* (May 2019 – March 2020)

*The inmate polling is required by the agreement between the Civil Rights Division of the U.S. Department of Justice (DOJ) and the Alabama Department of Corrections (ADOC). The DOJ entered the agreement with the goal of ensuring that inmates at Tutwiler are provided with constitutional conditions that protect them from sexual abuse and sexual harassment.