

Sarah Ann Flint, PhD, LPC, NCC

2016 Haley Center, Auburn, AL 36849

(817) 304-1404

sam0058@auburn.edu

EDUCATION

Doctor of Philosophy in Counselor Education and Supervision

Auburn University, CACREP accredited

August 2019
Auburn, Alabama

Dissertation: *Vicarious Trauma, Subthreshold PTSD, and Resilience in Professional Counselors Working with Traumatized Populations*

Master of Education in Clinical Mental Health Counseling

Auburn University, CACREP accredited

August 2015
Auburn, Alabama

Bachelor of Arts in Psychology

Southwestern University

May 2013
Georgetown, Texas

CREDENTIALS

Licensed Professional Counselor (LPC), Alabama, #3835 (January, 2018)

Nationally Certified Counselor (NCC), Alabama (September, 2015)

Nationally Certified Trauma-Focused Cognitive Behavioral Therapist (TF-CBT)

PROFESSIONAL AWARDS/HONORS

2020 Recipient of the Chi Sigma Iota Outstanding Practitioner Award; a national counseling award given by the national counseling honor society “for demonstrated excellence in the counseling profession”.

Outstanding Graduate Student Award for the Auburn University Department of Special Education, Rehabilitation, and Counseling (2019)

Auburn Graduate School’s Graduate Research and Travel Fellowship award recipient for a presentation on my dissertation titled “*Vicarious Trauma, Subthreshold PTSD, and Resilience in Professional Counselors Working with Traumatized Populations*” at the National American Counseling Association Conference in March 2019.

Outstanding Graduate Student in Clinical Mental Health Counseling from Auburn University (2015)

PROFESSIONAL EMPLOYMENT

August 2021-

Present

Visiting Assistant Professor

Special Education, Rehabilitation and Counseling Department, Auburn University

Professor of various master’s and doctoral level courses to mental health counseling, school counseling, rehabilitation counseling, and counselor education doctoral students on campus and via distance education.

Supervised doctoral students completing internship requirements. Serve as an evaluator of doctoral comprehensive exams (2021 and 2022). Currently serve as an advisor to both on campus and distance education clinical mental health counseling students. Support and assist incoming clinical mental health counseling coordinator with program tasks. Assisted in the planning and facilitation of residency week training and co-led educational sessions on Trauma-Informed Care and Multiculturalism and Diversity.

TEACHING EXPERIENCE

COUN Graduate Courses Taught (*Auburn University*)

COUN 7230: Career Counseling and Vocational Appraisal (on campus and distance education) (Summer 2022)

COUN 7240: Counseling Children and Adolescents (on campus and distance education) (Fall 2022)

COUN 7250: Advanced Assessment and Diagnosis in Counseling (on campus and distance education) (Fall 2021, 2020, 2019)

COUN 7330: Counseling Diverse Populations (on campus and distance education) (Spring 2022)

COUN 7340: Group Counseling (on campus and distance education) (Spring 2022, 2020)

COUN 7350: Introduction to Counseling Skills (Spring 2022)

COUN 7360: Advanced Counseling Practice (Spring 2021)

COUN 7370: Foundations of Substance Abuse Counseling (distance education) (Summer 2022)

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COUN 7410: Orientation to Clinical Mental Health Counseling (Spring 2023)

COUN 7500: Crisis Intervention Counseling (Fall 2022, 2021)

COUN 7920: Internship – Clinical Mental Health Counseling (on campus and distance education) (Spring 2023)

COUN 8920: Internship – Counselor Education (Fall 2021)

August 2019- **Adjunct Professor**

May 2021

Special Education, Rehabilitation and Counseling Department, Auburn University

Professor of various master's level courses to mental health counseling, school counseling, and rehabilitation counseling students on campus and via distance education.

August 2020- **Adjunct Professor**

December 2021

Educational Foundations, Leadership, and Technology Department, Auburn University

Professor of Basic Methods in Education Research courses both on campus and via distance education to various masters and doctoral students within the education department. ERMA 7200/7206, Fall 2020, Spring 2021, Fall 2021.

May 2020- **Adjunct Professor**

August 2022

Clinical Mental Health Counseling Program, Lagrange College

Professor of master's level course COUN 6005 (Research and Program Evaluation in Counseling) in the summer semester to clinical mental health counseling students via distance education.

August 2016- **Graduate Teaching Assistant**

May 2019

COUN 1000, COUN 2000, COUN 2970, COUN 4010, Auburn University

Instructor on record for undergraduate COUN 1000 (Career Orientation and Exploration), COUN 2970 courses (Professional and Personal Success Skills; Academic Success Skills), COUN 2000 (Living and Communicating in a Diverse Society) and COUN 4010 (Introduction to Prevention and Mental Health Promotion). Evaluated student learning by providing assessment and feedback in a timely manner. Implemented and utilized a variety of teaching methods during class lectures, discussions, and activities to support and enhance student learning. Assisted in curriculum development and revision on COUN 1000, COUN 2970, and COUN 4010 courses.

CLINICAL EXPERIENCE

August 2015- **Tri-County Children's Advocacy Center, Dadeville, Alabama**

Present

Forensic Interviewer

Conduct forensic interviews in Tallapoosa, Chambers, Randolph, Coosa, and Clay counties for the Department of Human Resources, law enforcement, and the District Attorney's office to children who are victims of crime and provide detailed reports on each interview in a timely manner. Testify in court on cases related to services provided. Experience testifying as an expert witness in juvenile, criminal, and federal court more than 50 times. Participate in regular, quarterly peer review meetings with regional forensic interviewers. Conducted more than 1300 forensic interviews to date.

June 2018- **Sarah A. Flint, LPC, Private Practice, Opelika, Alabama**

Present

Licensed Professional Counselor

Provide individual, couple, and family counseling services to a variety of clientele, ranging in age from children to adults with a range of presenting problems such as depression, anxiety, grief, trauma, sexual abuse, stage of life difficulties, etc. Develop and implement treatment plans based on client multicultural considerations and needs. Establish therapeutic goals and effectively monitor, evaluate and record client progress, while making adjustments as necessary. Provide counseling services to first responders, including police officers, to increase wellness and mental fitness.

August 2015- **Tri-County Children's Advocacy Center, Dadeville, Alabama**

December 2021

Child Abuse Therapist

Effectively provided free trauma sensitive counseling services (Trauma-Focused Cognitive Behavioral Therapy) to children and adolescents of abuse and/or crime in Tallapoosa, Chambers, and Randolph counties. Regularly offered parental support and parenting skills to parents whose children are victims of abuse and/or crime. Provided court preparation and court accompaniment for clients to reduce anxiety and uncertainty regarding court.

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SUPERVISION EXPERIENCE

- Fall 2019 – Present **Assistant Director**
Tri-County Children’s Advocacy Center
Assist Executive Director in clinically supervising counseling interns during their clinical mental health counseling practicum and internship experiences at the Tri-County Children’s Advocacy Center.
- August 2018- December 2018 COUN 8920 – Counseling Supervision Internship
Internship Supervisor
Provided weekly individual supervision and feedback to one School Counseling Master’s student and one Clinical Mental Health Counseling Master’s student on counseling skills, theoretical orientation, counselor identity development, and professional and ethical behavior.
- August 2017- December 2017 COUN 8910 – Counseling Supervision Practicum
Practicum Supervisor
Provided weekly individual supervision and feedback to three Clinical Mental Health Counseling Master’s students on counseling skills, theoretical orientation, counselor identity development, and professional and ethical behavior.
- August 2017- December 2017 COUN 7910 – Practicum in Clinical Mental Health Counseling
Practicum Supervisor
Co-led a group of Clinical Mental Health Counseling Master’s students bi-weekly. Provided feedback to students and facilitated group discussion within the group supervision experience.

PUBLICATIONS

Flint, S. (2018). Preventing Vicarious Trauma Through Various Self-Care Practices. *The Alabama Counseling Association Journal*.

NATIONAL PROFESSIONAL PRESENTATIONS

Taylor, M., & **Flint, S.** (2021). *Mandatory Mental Fitness: Creating Wellness in First Responders*. Virtual session presented at the National American Counseling Association (ACA) Virtual Conference during April 2021.

Flint, S., Carney, J., Taylor, M., & Lanier, B. (2019). *Understanding Resiliency in Professional Counselors to Prevent Vicarious Trauma*. Poster session presented at the National American Counseling Association (ACA) Conference in New Orleans, LA.

Taylor, M., Carney, J., Lanier, B., **Flint, S.**, & Melendez Tyler, J. (2018). *Invisible Wounds: Using Self Care to Decrease Symptoms of Vicarious Trauma*. Roundtable discussion presented at the National Association for Assessment and Research in Counseling (AARC) Conference in Richmond, VA.

Taylor, M., Carney, J., Lanier, B., & **Flint, S.** (2018). *Invisible Wounds: Preventing Vicarious Trauma in Practicing Counselors*. Poster to be presented at the National American Counseling Association (ACA) Conference in Atlanta, GA.

Vick, M. & **Flint, S.** (2018). *Trauma Intervention Strategies for School Counselors: A Collaborative Approach*. Educational session presented at the National Youth-At-Risk Conference in Savannah, GA.

McCausland, S. & Vick, M. (2017). *Preventing Vicarious Trauma in Counseling Students Through Self-Care Practices*. Educational session presented at the National Association for Counseling Education and Supervision (ACES) Conference in Chicago, IL.

Jones, C., Carney, J., Vick, M., & **McCausland, S.** (2017). *Rural School Counselors’ Attitudes Toward High Poverty Students*. Poster presented at the National Youth-At-Risk Conference in Savannah, GA.

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REGIONAL PROFESSIONAL PRESENTATIONS

Taylor, M., Gonzales, M., Carney, J., **Flint, S.** (2022). *Counselors and COVID-19: Utilizing Supervision to Mitigate Vicarious Trauma*. Roundtable discussion session to be presented at the Southern Association for Counselor Education and Supervision (SACES) in Baltimore, MD.

Portela, L., & **Flint, S.** (2018). *Student-Athletes: What Makes Them a Unique Population within the Counseling Field*. Poster presented at the Conference in Myrtle Beach, SC.

Taylor, M., Carney, J., Lanier, B., & **Flint, S.** (2018). *Invisible Wounds: Preventing Vicarious Trauma in Practicing Counselors*. Poster presented at the Southern Association for Counselor Education and Supervision (SACES) Conference in Myrtle Beach, SC.

STATE PROFESSIONAL PRESENTATIONS

Taylor, M., & **Flint, S.** (2019). *Mandatory Mental Fitness: Creating Wellness in First Responders*. Educational session presented at the Alabama Counseling Association (ALCA) state conference in Montgomery, AL.

Appling, B., Carney, J., Portela, L., **Flint, S.**, & Brown, A. (2018). *How to be Successful in Graduate Education- Considering Doctoral and Master's Programs in Counselor Education*. Educational session presented at the Alabama Counseling Association (ALCA) state conference in Birmingham, AL.

INVITED PRESENTATIONS

August 2020 **School Counselor and School Nurse Collaboration**, Auburn, AL
Flint, S., and Taylor, M. (2020). Invited co-presenter to discuss trauma from the lens of a counselor and educate school counselors and school nurses on child and adolescent trauma.

November 2019 **Counselors in the Courtroom: Surviving and Thriving in Court Testimony**, Auburn, AL
Taylor, M., Taylor, C.K., **Flint, S.** (2019). Invited presenter to provide education on ethical documentation and tips in providing court testimony as well as provide examples of mock court testimonies to 50 practicing counselors, school counselors, counselor educators, and counselors-in-training.

GRANT FUNDING

November 2018 **Special Education, Rehabilitation, and Counseling (SERC) Department Student Research Seed Grant**
Flint, S., & Portela, L. (2018). *You've Been Served: Tips for Testifying in Court as a Counselor*. \$900 (funded)

July 2018 **Association for Counselor Educators and Supervisors (ACES) Research Grant Award**
Flint, S., & Portela, L. (2018). *You've Been Served: Tips for Testifying in Court as a Counselor*. \$700 (not funded)

PROFESSIONAL SPECIALIZED TRAININGS

July 2022 **3 Day Clinical Supervision Workshop Series (LPC-S Training)**
Advanced Counselor Training, LLC
Completed a 27-hour advanced supervision training required to apply for LPC-S in Alabama. Specific supervision content included fundamentals of clinical supervision, models and methods of clinical supervision, managing differences and difficult staff populations, virtual supervision and other technological issues, and ethical and legal issues in clinical supervision.

September 2019 **Forensic Interviews at Trial Training**
National Children's Advocacy Center, Huntsville, AL
Completed a 2-day advanced training focused on effectively utilizing forensic interviews at trial. This training was completed with a prosecutor from the District Attorney's office, and included lecture, examination of recorded interviews, experiential skill-building exercises, and mock testimony evaluated by both prosecutor and forensic interviewer trainers.

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- April 2019 **Interviewing Vulnerable Victims Training**
National Children's Advocacy Center, Huntsville, AL
Completed a 3-day advanced forensic interview training focused on interviewing vulnerable children and victims of abuse and crime. Populations of vulnerable victims covered in this training included interviewing children and adolescents with a mental health disorder, chronic trauma exposure, Autism Spectrum Disorder, ADHD or other disruptive behaviors, children when there is no outcry or active disclosure, and very young children.
- October 2018 **Child Sex Trafficking Forensic Interviewing Training**
National Criminal Justice Training Center, Houston, TX
Accepted from a national pool of applicants to participate in a 22-hour, advanced forensic interview training on child sex trafficking. Received specialized training on how to effectively conduct forensic interviews with victims of child sex trafficking.
- October 2018 **Building Forensic Interviewing Skills Advanced Online Training**
National Children's Advocacy Center, Huntsville, AL
Accepted from a national pool of applicants to participate in a 20-hour advanced forensic interview training to enhance and refine forensic interviewing skills. This training included a review of key elements of forensic interviewing and multiple opportunities to practice and enhance interviewing skills through multiple evaluated mock interviews.
- June 2018 **Grantsmanship Training Program**
The Grantsmanship Center, Fort Worth, TX
Scholarship recipient to attend a weeklong, 40-hour training on the grant writing process and grant proposal development.
- February 2016-
July 2018 **Trauma-Focused Cognitive Behavioral Therapy Certification**
Family Sunshine Center, Montgomery, AL
Nationally certified in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) after completing the a two-day TF-CBT training, participating in six months of bi-monthly consultation by a certified TF-CBT trainer and passing the knowledge-based TF-CBT exam. Currently one of 31 certified TF-CBT therapists in the state of Alabama.
- September 2015 **Forensic Interviewing of Children Training**
National Children's Advocacy Center, Huntsville, AL
Completed a weeklong 40-hour training on the most current, evidenced-based protocol of forensic interviewing. Regularly attend bi-annual peer reviews with regional forensic interviewers to maintain my training and status as a forensic interviewer.

PROFESSIONAL GRADUATE CERTIFICATES

- May 2018 **Program Evaluation Graduate Certificate**
Auburn University, Auburn, AL
Completed 18 credit hours of applied courses in methods related to evaluating programs in services.

COMMUNITY ADVOCACY

- September 2016-
Present **Stop Child Abuse and Neglect (SCAN) Prevention Program**
Facilitator, Tallapoosa County and Randolph County, Alabama
Provide a free, school-based program on child abuse prevention and safety information in compliance with Erin's Law to school-aged children in rural public schools. Educate youth about personal safety, including inappropriate touching, Internet safety, and bullying, and educate children on the different types of abuse and reporting any kind of abuse to a trusted adult.
- May 2022 **Interagency Child Response Training**
Co-Facilitator and Speaker, Valley, AL
Provided education on trauma-informed care and working as a multi-disciplinary team to enhance resources and appropriate and timely response to investigations involving children in Chambers County, Alabama.

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- April 2020-
July 2020 **Community Food Box Drive**
Tallapoosa, Chambers, and Randolph County, Alabama
Co-coordinated and facilitated weekly food drive to provide families with one week's worth of groceries when schools shut down due to COVID-19 and children were no longer receiving breakfast and lunch at school in rural, low-income counties in Alabama.
- April 2018 **Child Abuse Awareness Month**
Speaker and Advocate, Chambers County, Roanoke County, and Tallapoosa County, Alabama
Provided education on child abuse and child abuse prevention strategies to various community organizations and agencies to raise child abuse awareness in three rural counties in Alabama.
- October 2016 **Trauma-Informed Care: Building Capacity in Chambers County**
Trainer, Valley, AL
Provided training on vicarious trauma and self-care practices to social workers, mental health counselors, law enforcement officers, and other practitioners in a rural county in Alabama.
- November 2016 **Trauma-Informed Parenting: Building Capacity in Chambers County**
Trainer, Lafayette, AL
Provided education on trauma-informed care and self-care strategies to birth parents currently involved in a rural drug court system.

PROFESSIONAL LEADERSHIP AND SERVICE

Secretary (2014 – 2015) and Professional Development Co-Chair (2017 – 2019) of Iota Delta Sigma, Auburn University's chapter of Chi Sigma Iota

Member of Tallapoosa County Human Trafficking Task Force

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)

Association for Counselor Educators and Supervisors (ACES)

Southern Association for Counselor Educators and Supervisors (SACES)

Association for Child and Adolescent Counseling (ACAC)

Alabama Counseling Association (ALCA)

Alabama Association for Counselor Education and Supervision (ALACES)

Alabama Mental Health Counselors Association (ALMHCA)