

**LATIFAT O. CABIROU, Ph.D.**

**Department of Special Education, Rehabilitation, and Counseling**  
**Auburn University**  
**2084 Haley Center**  
**Auburn, AL 36849**  
**loc0005@auburn.edu**  
**(334) 844-7676**

---

**EDUCATION**

---

- 2019 Loyola University Chicago  
Doctor of Philosophy in Counseling Psychology (APA-Accredited)  
Dissertation Title: *Acculturative Stress Among Black Africans Immigrants: Race and Ethnicity Contributors*  
Dissertation Committee Members: Eunju Yoon, PhD (Chair), Elizabeth Vera, PhD, and Gihanne Jeremie-Brink, PhD
- 2019 Northwestern University  
Counseling and Psychological Services  
APA-Accredited Pre-doctoral Internship in Health Service Psychology
- 2014 Benedictine University  
Master of Science in Clinical Psychology  
Thesis Title: *Mental Health Problem Recognition Among Arab Americans*  
Thesis Committee: Mike Smith, Ph.D. and James Crissman, Ph.D.
- 2010 University of Illinois- Urbana-Champaign  
Bachelor of Science in Liberal Arts & Sciences  
Major: Psychology  
Minor: Islamic World Studies

---

**AREAS OF INTEREST AND EXPERTISE**

---

Research: Acculturation/enculturation, acculturative stress, socialization, racial/ethnic/cultural identity, and racial/ethnic minority and immigrant mental health  
Clinical: Clinical supervision, identity development, adjustment, racial/ethnic minority and immigrant mental health, suicide prevention, and mental health help-seeking behaviors

---

**ACADEMIC APPOINTMENTS**

---

- 2021- Present **Assistant Professor**  
Auburn University  
College of Education  
Special Education, Rehabilitation and Counseling  
Counseling Psychology
- 2020 - 2021 **Visiting Assistant Professor**

Auburn University  
College of Education  
Special Education, Rehabilitation and Counseling  
Counseling Psychology

---

### GRANTS & AWARDS

---

2020 “Cultural Socialization Practices of Black, African Immigrants”. SERC Faculty Research Seed Grant. \$1,600.

---

### PUBLICATIONS

---

Yoon, E., **Cabirou, L.**, Kim, D., & Liu, Huabing. (in press). Content analysis of immigrant/refugee research: A 31-year review. *The Counseling Psychologist*.

Yoon, E., **Cabirou, L.**, Glavin, S., Hill, L., Daskalova, P., Bhang, C., Mustaffa, E.A., Dao, A., Thomas, K., & Baltazar, B. (2020). A meta-analysis of acculturation and enculturation: Bilinear, multidimensional, and context dependent processes. *The Counseling Psychologist*, 48(3), 342-376.

Yoon, E., **Cabirou, L.**, Hoepf, A., & Knoll, M. (2020). Interrelations of religiousness/spirituality, meaning in life, and mental health. *Counselling Psychology Quarterly*, 1-16.

Yoon, E., **Cabirou, L.**, Bhang, C., & Galvin, S. (2019). Acculturation and patriarchal beliefs among Asian American young adults: A preliminary investigation. *Asian American Journal of Psychology*, 10(2), 122-130.

Thomas, A. J., Massengale, M., & **Odunewu, L.** (2016). Strengths-based culturally relevant family therapy. In J. K. Edwards, A. Young, & H. J. Nickels, (Eds.), *Handbook of Strengths-Based Clinical Practices: Finding Common Factors*. Routledge. New York: Routledge.

Neville, H. A., Oyama, K. E., **Odunewu, L. O.**, Huggins, J. (2014). Dimensions of belonging as an aspect of racial-ethnic-cultural identity: An exploration of Indigenous Australians. *Journal of Counseling Psychology*, 61 (3), 414-426.

---

### MANUSCRIPTS IN PROGRESS

---

**Cabirou, L.**, Saha, A., & Jones, A. (Manuscript in progress). Acculturative stress among Black Africans immigrants: Race and ethnicity contributors. Manuscript in progress.

**Cabirou, L.**, Gonzales, R., Hill, L., & Daskolova, P. (Manuscript in progress). Racial microaggression in clinical supervision. Manuscript in progress.

Womack, V., **Cabirou, L.**, Jeremie-Brink, G., & Dickens, S. (Manuscript in progress). Mindfulness as coping tool for stereotypical images of African American women.

---

**PRESENTATIONS AT PROFESSIONAL MEETINGS**

---

**Cabirou, L.,** Womack, V. Y., Jeremie-Brink, G., & Dickens, D. (2019). Coping strategies modify gendered racism's association with anxiety among young Black women. Individual presentation at the annual conference of American Psychological Association, Chicago, IL.

**Cabirou, L.,** Liu, H., Kim, D., Chung, H. Y., & Yoon, E. (2017). Content analysis of immigrant and refugee research in Counseling/Counseling psychology literature. Poster presented at the annual conference of the American Psychological Association, Washington, D.C.

Yoon, E., Galvin, S., Hill, L., **Cabirou, L.,** Mustaffa, E. A., Daskalov, P., Bhang, C., Baltazar, B., Dao, A., Thomas, K., Bhatt, N., Cortina, G., & Bruner, J. (2017). A meta-analysis of theoretical construct and process of acculturation/enculturation. Poster presented at the annual conference of the American Psychological Association, Washington, D.C.

Hill, L., **Cabirou, L.,** & Bhang, C. (2016). Investigating resilience: How African American students survive and thrive in higher education. Individual presentation at the annual conference of National Association of Student Personnel Administrators, San Antonio, TX.

**Odunewu, L.,** Bhang, C. H., Baltazar, B., Foehringer, G., Galvin, S., Thomas, K., Mutuyemariya, C., and Yoon, E. (2016) Acculturation-Enculturation, Asian Values, Patriarchal Beliefs, and Intergenerational Conflicts in Asian American College Students. Poster presented at the annual conference of the American Psychological Association, Denver, CO.

**Odunewu, L.,** Tinsley, D., & Thomas, A. J. (2015). Standing in the Gap. Individual presentation at the annual conference of Diversity Challenge, Boston, MA.

Yoon, E., Clawson, A., Knoll, M., **Odunewu, L.,** Raziuddin, A. & Chang, H. (2015). Religious/Spiritual Identity, Meaning in Life, and Mental Health. Poster presented at the annual conference of the American Psychological Association, Toronto, CA.

---

**TEACHING EXPERIENCE**

---

**Auburn University**

*Graduate Courses*

- COUN 7250 Assessment and Diagnosis
- COUN 7310 Counseling Applications of Lifespan Development
- COUN 7330 Counseling Diverse Populations
- COUN 7910 Clinical Practicum
- COUN 8250 Colloquium III
- COUN 8400 Professional Seminar in Counseling Psychology

**North Park University**

*Undergraduate Courses*

CPSY 3800 Principles of Counseling Diverse Populations Summer 2015, Fall 2015

*Graduate Courses*

CPSY 5200 Group Counseling Spring 2020

CPSY 5210 Social and Cultural Foundations of Counseling Psychology	Fall 2016, Spring 2018
CPSY 5610 Career Development	Summer 2016/2018
CPSY 5591 Internship Supervision	Spring 2017
CPSY 5510 Advanced Competent Counseling Skills	Summer 2016/2017
CPSY 5110 Psychopathology	Spring 2015

Graduate Teaching Assistant- Community Counseling Program

**Loyola University Chicago**

*Graduate Courses*

CPSY 420 Counseling Skills	Fall 2014, Fall 2015
CPSY 424 Counseling Theories	Spring 2015

Invited Guest Lectures

**Loyola University Chicago**

Working with Immigrant Clients in Family Therapy	Fall 2021
Counseling Black Identified Clients	Fall 2019
Counseling Muslim American Clients	Fall 2016
Awareness of White Privilege and Its Impact on Therapy Relationship	Fall 2014

---

**SELECTED TALKS & PRESENTATIONS**

---

**National Council for Nigerian Muslim Association**

Presentation Topic: Mental Wellness During the Pandemic December 2021

**Rush University Medical Center- Department of Behavioral Services**

August 2021

Presentation Topic: Considerations for Racial Trauma in Treatment

**National Council for Nigerian Muslim Association**

May 2021

Presentation Topic: Coping with the Pandemic: Attending to Your Mental Health

**National Council for Nigerian Muslim Association**

December 2020

Presentation Topic: Adolescent Mental Health Help Seeking Behaviors

---

**PROGRAM DEVELOPMENT/MANAGEMENT EXPERIENCE**

---

Loyola Cares, Loyola University Chicago Chicago, IL

*Grant Coordinator- Garrett Lee Smith Campus Suicide Prevention Grant* July 2016 to December 2018

- Under the general direction of the Principal Investigators, manage administrative activities associated with a SAMHSA funded project (Garrett Lee Smith Campus Suicide Prevention Project) including training, grant and budget preparation, and adherence to applicable regulations
- Developed and implement research protocol on suicide prevention training among college students
- Collaborated with campus and community partners to develop and implement suicide prevention educational activities
- Assisted in preparing budgets, monitor grant expenditures, and prepare financial report
- Assisted with data management and analysis
- Provided direct supervision of staff and graduate student assistants

Loyola University Chicago  
*Program Clinical Training Assistant*

Chicago, IL  
August 2015 to June 2016

- Managed online database content of clinical training-related information
- Assisted students with practicum application and interview process
- Organized and provide professional development workshops for clinical students

Standing in the Gap  
*Research Assistant, Program Coordinator*

Chicago, IL  
September 2014 to January 2016

- Worked in partnership with a community organization to develop youth program
- Coordinated development of program materials, including budget, recruitment strategies, and lesson plans
- Recruited and supervised program tutors
- Lead efficacy workshops aimed at improving resiliency, racial/ethnic identity and academic achievement

---

### CLINICAL TRAINING EXPERIENCE

---

Advocate Trauma Recovery Center  
*Psychology Fellow*

Evergreen Park, IL  
September 2019 to Present

Supervisor: Kim Miller, Psy.D.

- Provide trauma-focused individual, group, and family therapy to victims of intentional violence in an outpatient setting
- Provide behavioral health consultation to medical treatment team in medical inpatient hospital and outpatient clinic settings
- Facilitate community outreach programs targeted at violence prevention and mental wellness
- Provide supervision to advanced graduate students in psychology

Northwestern University Counseling and Psychological Services  
*Doctoral Intern*

Evanston, IL  
August 2018 to August 2019

Supervisors: David Shor, Ph.D., Jeremy Cohen, Ph.D., Olivia Hoskins, Ph.D., and Rosemary Magana, M.S.

- Conducted triage, clinical diagnostic evaluation and urgent-care/crisis evaluations
- Provided daytime and after-hours emergency and crisis intervention services
- Provided brief individual therapy and interpersonal group therapy
- Provided outreach programming such as *Let's Talk* and *Question, Persuade, Refer (QPR)* to general campus community, as well as international student and African student council
- Developed and facilitated workshop series on adjustment to international students
- Provide case management services

Loyola Community and Family Services  
*Advanced Therapy Extern*

Chicago, IL  
September 2016 to May 2018

- Supervisor: Richard Renfro, Ph.D.
- Provided short and long-term outpatient individual, group and family counseling services to children and adolescents in an outpatient clinic setting

- Provided school-based socio-emotional learning activities, consultation and group therapy services focused on social skills and behavioral modification
- Developed and facilitated socio-emotional skills curriculum on cultural adjustment for new immigrant/refugee students within the Chicago Public School system
- Supervised interpreter/culture broker interns
- Administered, scored, and interpreted standardized socio-emotional, cognitive, achievement, and executive functioning tests for children and adolescents.
- Attend and participant in weekly didactic seminar

Loyola University Chicago

Chicago, IL

*Supervision Extern*

Fall 2016, Spring/Fall 2017, Spring 2018

Supervisor: Elizabeth Vera, Ph.D and Rufus Gonzales, Ph.D.

- Provided individual supervision of crisis intervention and individual and group therapy to master's-level community counseling students
- Received weekly group supervision of clinical supervision
- Engaged in group consultation of clinical supervision

DePaul University Counseling Services

Chicago, IL

*Advanced Therapy Extern*

September 2015 to June 2016

Supervisor: Bruce Czuchna, Psy.D.

- Provided brief and short-term individual counseling services to university students
- Provided crisis management, crisis intervention and risk assessment services
- Developed and implement outreach and consultation activities with students, faculty and staff
- Participated in weekly didactic seminars

---

## PROFESSIONAL CLINICAL EXPERIENCE

---

Olive Branch Counseling and Associates

Tinley Park, IL

Therapist

November 2019 to Present

- Provide individual and couples therapy in a private practice setting

Ingalls Memorial Hospital

Harvey, IL

*Assessment & Referral Coordinator*

January 2017 to May 2018

- Conducted level-of-care assessments in an outpatient setting
- Provided crisis intervention services and level-of-care evaluation in an emergency room setting
- Facilitated patient referral and admission process to inpatient mental health unit
- Coordinated aspects of mental health and supportive care with insurance companies

Garfield Park Hospital

Chicago, IL

*Intake Clinician*

December 2016 to May 2018

- Conducted level-of-care assessments and establish provisional diagnosis for patients
- Provided clients with recommendation and resources for mental health services
- Assured compliance with all applicable laws, codes, rules, and regulations pertaining to psychiatric admissions

- Maintained data and records regarding intake and admission process
- Coordinated financial, legal, and clinical care of patients during hospitalization

Community Counseling Centers of Chicago (C4)

Chicago, IL

*Staff Therapist- Emergency Services*

June 2014 to December 2016

- Provided crisis intervention, case management, outreach, and aftercare services to enhance client's capacity for independent functioning
- Facilitated supportive treatment intervention to maintain and enhance client's capacity for independent functioning
- Provided brief therapy to children, adolescent, young adults, and adults
- Conducted risk assessment of clients and families to determine appropriate level of care and develop treatment plan
- Provided consultation regarding child development, behavior management, and other family issues to parents, helping professionals, and community organizations

---

**SERVICE**

---

Professional Service

*Ad. Hoc Reviewer*

2022

International Journal of Social Welfare

*Ad. Hoc Reviewer*

2020 to present

Counselling Psychology Quarterly

*Conference Proposal Reviewer*

2020; 2021

13<sup>th</sup> Annual Muslim Mental Health Conference

*Conference Proposal Reviewer*

October 2019 to November 2019

2020 Counseling Psychology Conference

*Ad Hoc Reviewer*

2018 to 2019

Cultural Diversity and Ethnic Minority Psychology

*Steering Committee Member*

2018 to present

African Psychological Network of APA Division 17 (International section- ICP)

University Service

*Staff Search Committee Member*

Spring 2022

Student Counseling and Psychological Services

Auburn University

*Invited Speaker*

September 2021

Black Graduate Student Council

Presentation Topic: Mental Health Series: Graduate Student Self-Care

Community Service

*Executive Board Member- General Secretary*  
*Youth Board- Vice President*  
Nigerian Islamic Association

December 2014 to 2020  
November 2016 to 2020

*2025 Educational Program Task Force*  
National Council of Nigerian Muslim Organization

July 2017 to 2020

---

### PROFESSIONAL AFFILIATION

---

Illinois Psychological Association

American Psychological Association

- Division 17- Society for Counseling Psychology
- Division 35- Society for the Psychology of Women
- Division 45- Society for the Psychological Study of Culture, Ethnicity and Race

---

### LICENSE/CERTIFICATION

---

Licensed Clinical Psychologist

Illinois License # 071-010777

Health Service Psychologist

National Registry of Health Service Psychologists

ID # 65793