Denise Bozek, PhD, ALC, NCC, CRC

Visiting Assistant Professor Department of Special Education, Rehabilitation, and Counseling Auburn University <u>dcb0065@auburn.edu</u>

Education

Auburn University *August 2024* Counselor Education and Supervision, Ph.D. Department of Special Education, Rehabilitation and Counseling CACREP Accredited

The George Washington University December 2019 Master of Arts in Education and Human Development Rehabilitation Counseling with Licensure Eligibility CACREP Accredited

James Madison University May 2017 Bachelor of Science in Psychology Minor in Family Studies

Professional Credentials and Certificates

Associate Licensed Counselor (ALC) Effective *October 2, 2024* License #ALC05042 Supervised by Lacey Amos (LPC03107)

National Certified Counselor (NCC) Effective *August 14, 2024* Certification #1734116

Certified Rehabilitation Counselor (CRC) Effective *March* 7, 2020 Certification #414450

Current Positions

Auburn University | Auburn, AL Department of Special Education, Rehabilitation, and Counseling Visiting Assistant Professor August 2024 – present

- Instruct various master's level courses to mental health counseling, school counseling, and rehabilitation counseling students via face to face, hybrid, and fully online formats
- Serve as supervisor and coordinator for internship and practicum placements in clinical rehabilitation counseling
- Provide group supervision for clinical rehabilitation students in practicum and internship

Provide individual supervision to doctoral and master's students in practicum and internship

Rich Therapy | Private Practice Associate Licensed Counselor *October* 2024 – *present*

• Provide individual virtual clinical mental health counseling to adult clients in Alabama

Academic Coaching for World Changers Coach

July 2024 – present

- Conduct individual and group coaching sessions for clients planning to take the NCE/CPCE
- Create study material for the NCE/CPCE

Counseling Experience

Columbus State University Counseling Center | Columbus, GA Counseling Internship Fall 2023 semester Counseling Practicum Spring 2022 semester

- Provided individual mental health counseling to college students
- Established therapeutic relationships and develop SMART goals with clients
- Recorded notes after individual sessions in Titanium

Coastal Harbor Treatment Center | Savannah, GA Therapist April 2020 – May 2021

- Developed, implemented, and administered therapeutic treatment plan by performing psychosocial assessments
 - Participated in treatment team sessions
 - Observed patients for abnormal physical or mental behavior and monitor progress
 - Conducted and documented individual, group, and family therapy sessions
 - Communicated and cooperated with families, relevant external personnel, and staff members
 - Documented all external and internal contacts and relay patient information according to company and governmental guidelines maintaining appropriate confidentiality

Department for Aging and Rehabilitative Services (DARS) | Fairfax, VA Graduate Vocational Rehabilitation Counseling Intern

January 2019 – August 2019

- Completed intakes with clients referred for vocational rehabilitation services •
- Completed eligibilities by reviewing medical and/or psychological records
- Formulated Individualized Plan for Employment to identify appropriate vocational goals
- Evaluated work skills, capabilities, potential supports needed
- Assisted with vocational evaluations and utilized Career Scope •
- Provided counseling and guidance and completed case notes

Community Counseling Services Center (CCSC) | Washington, DC Graduate Rehabilitation Counseling Intern January 2019 - July 2019

- Provided individual mental health counseling
- Established therapeutic relationship with clients
- Developed SMART goals with clients

- Recorded notes after individual sessions in Titanium
- Documented hours in "Time2Track"

Supervision Experience

Auburn University | Auburn, AL

Fall 2024 semester

- Provided individual supervision and feedback to one Clinical Mental Health Counseling Master's student on counseling skills, theoretical orientation, counselor identity development, and professional and ethical behavior
- Provided individual/triadic supervision and feedback to four Counselor Education and Supervision Doctoral students supervising School Counseling and Clinical Mental Health Counseling Master's students in their counseling practicum

Auburn University | Auburn, AL

Spring 2024 semester

• Provided individual supervision and feedback to one School Counseling Master's student and one Clinical Rehabilitation Counseling Master's student, both going through remediation, on counseling skills, theoretical orientation, counselor identity development, and professional and ethical behavior

Auburn University | Auburn, AL

Supervision Internship Fall 2023 semester

• Provided individual supervision and feedback to one School Counseling Master's student, one Clinical Mental Health Master's student, and one Clinical Rehabilitation Counseling Master's student on counseling skills, theoretical orientation, counselor identity development, and professional and ethical behavior

Auburn University | Auburn, AL

Supervision Practicum Fall 2022 semester

• Provided individual supervision and feedback to one School Counseling Master's student and one Clinical Mental Health Master's student on counseling skills, theoretical orientation, counselor identity development, and professional and ethical behavior

Graduate Assistantship Teaching Experience (Undergraduate Level)

Introduction to Rehabilitation (RSED 3020) Practicum - Rehabilitation and Disability Studies (RSED 4910) Professional Communication in Rehabilitation (RSED 4100) Clinical Residency (RSED 4920) Ethical Practices in Rehabilitation (RSED 4130) Foundations of Substance Use Counseling (RSED 5340)

Teaching Experience (Graduate Level)

Practicum in Clinical Rehabilitation Counseling (COUN 7910) Internship in Clinical Rehabilitation Counseling (COUN 7920) Foundations of Substance Use Counseling (COUN 7370) Rehabilitation and Case Management (COUN 7520) Assessment and Diagnosis (COUN 7250) Counseling Applications of Lifespan Development (COUN 7310) Advanced Clinical Mental Health Interventions (COUN 7510) Guest Lecture in Doctoral Research Practicum (Initiating and Implementing Research) Counseling Children and Adolescents (COUN 7240) Crisis Counseling (COUN 7500) Group Counseling (COUN 7340) Emerging Adulthood and Transition in Rehabilitation (COUN 7950)

Professional Publications

Lee, H., Bozek, D., Park, J., & Lee, J. M. (2024). The Role of Perceived Social Support and Resilience in College Cyberbullying Victimization and Mental Health: A Serial Mediation Model. *Journal of College Student Mental Health*, 1–18. <u>https://doi.org/10.1080/28367138.2024.2407431</u>

Professional Service

Engaged in revision and development of CACREP 2024 standards through Auburn University Internship

Professional Presentation Experience

ALCA 2022 Conference – Grief in Group Work

ARCA 2023 ACA Conference – The Impact of Accessibility on College Campuses on Students with Disabilities

ALCA 2023 Conference - The Lived Experiences of Students with Disabilities in Counseling Programs

Professional Workshop Experience

Supervision Training 2022 – Social Justice Model and Supervision

Professional Grant Experience

Transition Unlimited - Graduate Research Assistant

Memberships and Affiliations

Alabama Association for Specialists in Group Work (ALASGW) May 2024 – May 2025 Past President May 2023 – May 2024 President May 2022 – May 2023 President Elect

Chi Sigma Iota | Iota Delta Sigma Chapter Fall 2021 – August 2024 CRC Representative Volunteer Committee

Curriculum Vitae

American Counseling Association (ACA) Member

American Rehabilitation Counseling Association (ARCA) Member

National Rehabilitation Association (NRA) Member

Alabama Counseling Association (ALCA) Member

The National Council on Rehabilitation Education (NCRE) Member

Professional Service

2022 – 2024 Auburn University Chi Sigma Iota Volunteer Committee CRC Representative

June 2016 – May 2017 Harrisonburg, VA Court Appointed Special Advocates (CASA) Court Appointed Trained Volunteer

May 2020 – December 2020 Savannah, GA Court Appointed Special Advocates (CASA) Court Appointed Trained Volunteer

Scholarships and Awards

ARCA 2023 Conference Student Presentation Award

Auburn University SERC and College of Education Graduate Student Travel Award

ARCA 2024 Doctoral Student Research Proposal Competition

2024 Outstanding Graduate Student in the Department of Special Education, Rehabilitation, and Counseling

Continuing Education and Professional Development Activities

March 3, 2023: ARCA: "An Invitation to Advocacy and Collaboration for Disability Justice"

May 17, 2023: NRA "The Ethics of Psychological Testing of Diverse Populations in VR"

June 5, 2023: ARCA "Disability Rights and the Paradigm Shift: one size does not fit all"

June 7, 2023: National Symposium on Rehabilitation Counseling

September 22, 2023: ARCA: "Using Creative Therapies with Clients with Disabilities"

December 1, 2023: ARCA: "Navigating College for Students with Disabilities"

May 3, 2024: ARCA's: "A Look Beyond What You See: Unmasking the Impostor"

May 2024: ARCA's: "Building Community: Advancing the Field of Rehabilitation Counseling" Virtual Learning Institute:

-Rehabilitation Counselor Practices That Improve Parental Disability Acceptance

-Examining Psychological Interventions for Depression in Individuals with Chronic Illness...

-A Vocational Rehab Partnership: The Cognitive Skills Enhancement Program

-Soft Skills: An Essential for Employment Success

-Multicultural Ethics in Rehabilitation Counseling

-Persons with Long COVID and Job Placement: What Rehab Professionals Reported

-Six Vital Truths of Clinical Supervision

- -When Multicultural Isn't Enough: Cultural Humility in Supervision
- -Disability Etiquette 101 for Counselors

-Distance Counseling, Distance Education, and Distance Supervision: Legal and Ethical Duties