Marilyn A. Cornish

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Department of Special Education,
Rehabilitation, & Counseling
Auburn University, AL 36849

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334-844-7601

Education

PhD in Counseling Psychology (2014), Iowa State University: Ames, IA

Graduate Certificate in Quantitative Psychology (2012), Iowa State University: Ames, IA

MS in Psychology (2010), Iowa State University: Ames, IA

BA in Psychology and Community Sociology (2008), Wartburg College: Waverly, IA

Academic Employment

Professor, August 2024 – present
Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Director of Training, Counseling Psychology, January 2019 – present
Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Associate Professor, August 2019 – August 2024
Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Assistant Professor, August 2014 – August 2019
Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

License and Certification

Licensed Psychologist in Alabama (#1963), July 2015 – current

Certified Instructor in Empowered Relief ®, May 2024 – current
A single-session, evidence-based pain management intervention

Refereed Journal Articles (* denotes student co-authors)

*Stewart, L., Cornish, M. A., & Cabirou, L. O. (Accepted). Examining interracial and intraracial skin-tone discrimination on self-esteem in African American adults. *The Counseling Psychologist*.

Williamson, H. E., Wade, N. G., & Cornish, M. A. (Accepted). Effects of self-forgiveness intervention on psychological and physiological outcomes: A randomized controlled trial. *Professional Psychology: Research and Practice*.

Wadsworth, D. D., Peart, A., Rodriguez-Hernandez, M., Cornish, M. A., Suire, K., & *Green, A. (2026). Effect of combined sprint interval training and resistance training on psychophysiological outcomes in women at risk for metabolic syndrome. *Sport Sciences for Health, 22*(186), 1-8. https://doi.org/10.1007/s11332-026-01784-9

Cornish, M. A., Carroll, T. D., *Maddikunta, S. R., *Chang, X., & Currier, J. (2026). Self-forgiveness therapy for men in recovery from substance use concerns: Outcomes from pre-intervention to post-intervention. *Journal of Addictions and Offender Counseling, 47*(1), 48-58. https://doi.org/10.1002/jaoc.70012

Cornish, M. A., *Maddikunta, S. R., *Grey, C. J., *Horton, A. J., & Cabirou, L. O. (2026). Trait responses after interpersonal offending: A dyadic examination of effects on romantic relationship quality. *Journal of Family Psychology, 40*(4), 625-632. Advance online publication. https://dx.doi.org/10.1037/fam0001448

Cornish, M. A., Woodyatt, L., & Wenzel, M. (2026). Trait Responses to Interpersonal Offenses Scale (TRIOS): Measure development and validity evidence. *Personality and Individual Differences, 250.* 113533. https://doi.org/10.1016/j.paid.2025.113533

Cornish, M. A., *Grey, C., *Rossi, C., *Horton, A. J., *Dyas, K. C., & *Saha, A. (2025). Adult attachment and personal and romantic relationship wellbeing: Forgiveness of self and partner as mediators. *Couple and Family Psychology: Research and Practice, 14*(3), 204-220. https://doi.org/10.1037/cfp0000260

Carroll, T., Cornish, M., Marie, L., Fadoir, N., Kim, E., Taylor, S., Borgogna, N., & Currier, J. M. (2024). Understanding self-forgiveness in emotion-focused therapy: An interpersonal recall study with men in recovery from addiction. *Journal of Psychotherapy Integration, 34*(4) 401-419. https://doi.org/10.1037/int0000336

*Coleman-Kirumba, L. M., Cornish, M. A., *Horton, A. J., & *Alvarez, J. C. (2023). Experiences of Black men: Forms of masculinity and effects on psychological help-seeking variables. *Journal of Black Psychology, 49*(1), 32-57. https://doi.org/10.1177/00957984221098122

*Word, M., Cornish, M. A., *Coleman, K., & *Grey, C. (2023). How does the general public define self-forgiveness? Examination in a college student sample. *Current Psychology, 42*, 9769-9779. https://doi.org/10.1007/s12144-021-02241-1

Cornish, M. A., Meyer, J., *Short, K., *Harris, L., Hunter, E., & *Quadlander, E. (2022). Forgiveness and wellbeing after spinal cord injury: Perceived stress and adaptation to disability as mediators. *Rehabilitation Psychology, 67*(4), 556-566. https://doi.org/10.1037/rep0000459

*Ballester, E., Cornish, M. A., & *Hanks, M. A. (2021). Predicting relationship satisfaction in LGBQ+ people using internalized stigma, outness, and concealment. *Journal of GLBT Family Studies, 17*(4), 356-370. https://doi.org/10.1080/1550428X.2021.1923104

Brenner, R. E., Cornish, M. A., Heath, P. J., Lannin, D. G., & Losby, M. M. (2020). Seeking help despite the stigma: Experiential avoidance as a moderated mediator. *Journal of Counseling Psychology, 67*, 132-140. https://doi.org/10.1037/cou0000365

Cornish, M. A., Guyll, M., Wade, N. G., Lannin, D. G., Madon, S., & *Chason, K. C. (2020). Does empathy necessarily lead to greater forgiveness? An experimental examination. *Current Psychology, 39,* 1001-1011. https://doi.org/10.1007/s12144-018-9816-8

Cornish, M. A., *Hanks, M. A., & *Gubash Black, S. M. (2020). Self-forgiving processes in therapy for romantic relationship infidelity: An evidence-based case study. *Psychotherapy, 5*, 352–365. https://doi.org/10.1037/pst0000292

Onody, A. P., Woodyatt, L., Wenzel, L., Cibich, M., Sheldon, A., & Cornish, M. A. (2020). Humility and its relationship to self-condemnation, defensiveness and self-forgiveness following interpersonal transgressions. *Journal of Psychology and Theology, 48,* 118-130. https://doi.org/10.1177/0091647120911111

Tucker, J. R., Wade, N. G., Abraham, W. T., Bitman-Heinrichs, R. L., Cornish, M. A., & Post, B. C. (2020). Modeling cohesion change in group counseling: The role of client characteristics, group variables, and leader behaviors. *Journal of Counseling Psychology, 67*, 371–385. https://doi.org/10.1037/cou0000403

Cornish, M. A., Brenner, R. E., Vogel, D. L., & Wade, N. G. (2019). Evaluation of an online help seeking stigma-reduction intervention for military personnel. *Stigma & Health, 4*, 480-486. https://doi.org/10.1037/sah0000167

Lannin, D. G., Guyll, M., Cornish, M. A., Vogel, D. L., & Madon, S. (2019). The importance of counseling self-efficacy: Physiologic stress in student helpers. *Journal of College Student Psychotherapy, 33*(1), 14-24. https://doi.org/10.1080/87568225.2018.1424598

Cornish, M. A. (2018). Self-forgiveness therapy and clients' changes in perceived responsibility. *International Journal of Psychotherapy, 22*(1), 53-65.

Cornish, M. A., Woodyatt, L., *Morris, G., & *Conroy, A., & *Townsdin, J. (2018). Self-forgiveness, self-exoneration, and self-condemnation: Individual differences associated with three patterns of responding to interpersonal offenses. *Personality and Individual Differences, 129*, 43-53. https://doi.org/10.1007/s12144-018-9816-8

Suh, S., Cornish, M. A., Chung, M., & Suh, J. (2018). Attitudes toward Korean Americans. *Journal of Asia Pacific Counseling, 8*, 95-111. http://doi.org/10.18401.2018.8.2.4

Wade, N. G., Cornish, M. A., Tucker, J. R., Worthington, E. L., Jr., Sandage, S., & Rye, M. (2018). Promoting forgiveness: Characteristics of the treatment, the clients, and their

interaction. *Journal of Counseling Psychology, 65,* 358-371. https://doi.org/10.1037/cou0000260

Cornish, M. A., Lannin, D. G., Wade, N. G., & *Martinez, M. (2017). Can use of positive religious coping predict greater distress? An examination of Army soldiers on deployment. *Journal of Counseling Psychology, 64*, 302-309. https://doi.org/10.1037/cou0000200

Health, P. J., Seidman, A. J., Vogel, D. L., Cornish, M. A., & Wade, N. G. (2017). Help-seeking stigma in military men: The role of restrictive emotionality and distress. *Psychology of Men & Masculinity, 18*, 193-197. http://dx.doi.org/10.1037/men0000111

Hackler, A. H., Cornish, M. A., & Vogel, D. L. (2016). Reducing stigma toward mental illness: Effectiveness of hearing about the normative experiences of others. *Stigma and Health*, *1*, 201-205. https://doi.org/10.1037/sah0000028

Cornish, M. A., & Wade, N. G. (2015). Working through past wrongdoing: Examination of a self-forgiveness counseling intervention. *Journal of Counseling Psychology, 62*, 521-528. https://doi.org/10.1037/cou0000080

Cornish, M. A., & Wade, N. G. (2015). A therapeutic model of self-forgiveness with intervention strategies for counselors. *Journal of Counseling and Development, 93*, 96-104. https://doi.org/10.1002/j.1556-6676.2015.00185.x

Cornish, M. A., Thys, A., Wade, N. G., & Vogel, D. L. (2014). Post-deployment difficulties and help seeking barriers among military veterans: Insights and intervention strategies. *Professional Psychology: Research and Practice, 45*, 405-409. https://doi.org/10.1037/a0037986

Cornish, M. A., Wade, N. G., Tucker, J. R., & Post, B. C. (2014). When religion enters the counseling group: Multiculturalism, group processes, and social justice. *The Counseling Psychologist, 42*, 578-600. https://doi.org/10.1177/0011000014527001

Lannin, D. G., Guyll, M., Krizan, Z., Madon, S., & Cornish, M. A. (2014). When are grandiose and vulnerable narcissists least helpful? *Personality and Individual Differences, 56*, 127-132. https://doi.org/10.1016/j.paid.2013.08.035

Post, B. C., Wade, N. G., & Cornish, M. A. (2014). Religion and spirituality in group counseling: Beliefs and preferences of university counseling center clients. *Group Dynamics: Theory, Research, and Practice, 18*, 53-68. https://doi.org/10.1037/a0034759

Wade, N. G., Post, B. C., Cornish, M. A., Vogel, D. L., & Runyon-Weaver, D. (2014). Religion and spirituality in group psychotherapy: Clinical application and case example. *Spirituality in Clinical Practice, 1*, 133-144. https://doi.org/10.1037/scp0000013

Cornish, M. A., Wade, N. G., & Knight, M. A. (2013). Understanding group therapists' use of spiritual and religious interventions in group therapy. *International Journal of Group Psychotherapy, 63:* 572-591. https://doi.org/10.1521/ijgp.2013.63.4.572

Post, B. C., Cornish, M. A., Wade, N. G., & Tucker, J. R. (2013). Religion and spirituality in group counseling: Beliefs and practices of university counseling center counselors. *Journal for Specialists in Group Work, 38*, 264-284. https://doi.org/10.1080/01933922.2013.834401

Cornish, M. A., Wade, N. G., & Post, B. C. (2012). Attending to religion and spirituality in group counseling: Counselors' perceptions and practices. *Group Dynamics: Theory and Practice, 16*, 122-137. https://doi.org/10.1037/a0026663

Guyll, M., Spoth, R., & Cornish, M. A. (2012). Substance misuse prevention and economic analysis: Challenges and opportunities regarding international utility. *Substance Use and Misuse, 47,* 877-888. https://doi.org/10.3109/10826084.2012.663276

Wade, N. G., Post, B. C., Cornish, M. A., Vogel, D. L., & Tucker, J. (2011). Predictors of the change in self-stigma following a single session of group counseling. *Journal of Counseling Psychology, 58*, 170-182. https://doi.org/10.1037/a0022630

Cornish, M. A., & Wade, N. G. (2010). Spirituality and religion in group counseling: A literature review with practice guidelines. *Professional Psychology: Research and Practice, 41*, 398-404. https://doi.org/10.1037/a0020179

Bane, C. M. H., Cornish, M., Erspamer, N., Kampman, L. (2010). Self-disclosure through weblogs and perceptions of online and "real-life" friendships among female bloggers. *CyberPsychology, Behavior, and Social Networking, 13*, 131-139. https://doi.org/10.1089/cyber.2009.0174

Published Book Chapters (* denotes student co-authors)

Hunter, E., Wilcox, M., Cornish, M. A., Lee, M., & Yamazaki, J. (Accepted). *Foundations of counseling psychology education and training.* In Flores, L., Pieterse, A., Singh, A., & Spanierman, L. (Eds.). APA Handbook of Counseling Psychology (2nd ed.). American Psychological Association.

Griffin, B. J., Cornish, M. A., Maguen, S., & Worthington, E. L., Jr. (2021). Forgiveness as a mechanism of repair following military-related moral injury. In J. M. Currier, K. D. Drescher, & J. A. Nieuwsma (Eds.), *Addressing moral injury in clinical practice* (pp.71-86). American Psychological Association. https://doi.org/10.1037/0000204-005

Cornish, M. A., Griffin, B. G., & *Morris, G. W. (2020). Promotion of self-forgiveness. In E. L. Worthington, Jr., & N. G. Wade (Eds.), *Handbook of Forgiveness* (2nd ed., pp. 288-298). Routledge/Taylor & Francis Group. https://doi.org/10.4324/9781351123341-27

Cornish, M. A., Wade, N. G., & *Cikara, A. (2017). Self-forgiveness in individual psychotherapy: Therapeutic models and counseling outcomes. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & B. G. Griffin (Eds.), *Handbook of the psychology of self-forgiveness* (pp.163-177). Springer International. https://doi.org/10.1007/978-3-319-60573-9_12

Woodyatt, L., Cornish, M. A., & Cibich, M. (2017). Self-forgiveness at work: Finding pathways to renewal when coping with failure or perceived transgressions. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & B. G. Griffin (Eds.), *Handbook of the psychology of self-forgiveness* (pp. 293-307). Springer International. https://doi.org/10.1007/978-3-319-60573-9_21

Tucker, J. R., Bitman, R. L., Wade, N. G., & Cornish, M. A. (2015). Defining forgiveness: Historical roots, contemporary research, and key considerations for health outcomes. In L. L. Toussaint, E. L. Worthington, Jr., & D. R. Williams (Eds.), *Forgiveness and health: Scientific evidence and theories relating forgiveness to better health* (pp.13-28). Springer. https://doi.org/10.1007/978-94-017-9993-5_2

Wade, N. G., Tucker, J. R., & Cornish, M. A. (2014). Forgiveness interventions and the promotion of resilience following interpersonal stress and trauma. In M. Kent, M. C. Davis, & J. W. Reich (Eds.), *The resilience handbook: Approaches to stress and trauma* (pp. 256-269). Routledge/Taylor & Francis Group.

Wade, N. G., Post, B. C., & Cornish, M. A. (2011). Forgiveness therapy to treat embitterment: A review of relevant research. In M. Linden and A. Maercker (Eds.), *Embitterment: Societal, psychological, and clinical perspectives* (pp. 197-207). Springer-Verlag Publishing/Springer Nature. https://doi.org/10.1007/978-3-211-99741-3_16

Invited Articles

Wade, N., & Cornish, M. (2023, March). *How to forgive yourself.* https://psyche.co/guides/how-to-forgive-yourself-and-move-past-a-hurtful-mistake

Cornish, M. A., & Wade, N. G. (2015). Self-forgiveness therapy for overcoming interpersonal offenses. *Psychotherapy Bulletin, 50*(3), 15-20.

Cornish, M. A. (2012). Promoting self-forgiveness and well-being: Testing a novel therapy intervention. *Psychotherapy Bulletin, 47*(3), 15-28.

Manuscripts Under Review or In Revision (* denotes student co-authors)

Cornish, M. A., *Horton, A. J., *Grey, C. J., & *Rossi, C. (In Revision). *Eudaimonic and hedonic trait self-forgiveness: A dyadic examination of romantic relationship quality.* Journal manuscript in revision.

Cornish, M. A., *Maddikunta, S. R., & Piscura, M. K. (In Revision). *Childhood adverse and protective experiences: Effects on trust in healthcare team mediated by trauma symptoms and pain-related cognitions in adults with chronic pain*. Journal manuscript in revision.

Cornish, M. A., Tsai, P-C., *Chang, X., *Stine-Woods, A., & Clements, A. (Under Review). *Supervisory rapport and supervisee outcomes following clinical regrets: The mediating role of self-forgiveness.* Journal manuscript under review.

*Grey, C. J., Cornish, M. A., Ray, G. E., *Horton, A. J., & *Maddikunta, S. R. (In Revision). *Roles of interparental conflict and gender on close relationship quality and satisfaction.* Journal manuscript in revision.

Lall-Alvarez, C., Wade, N. G., Schwarting, C. M., & Cornish, M. A. (Under Review). *Cultural considerations of self-forgiveness psychotherapy: Comparisons between Indian-Americans and European-Americans.* Journal manuscript under review.

*Phillips, K. B., *Harris, L. C., Cornish, M. A., *Horton, A. J., Hunter, E. A., & *Perry-Jackson, A. (Under Review). *Hidden voices: Black graduate and professional students' experiences at a predominantly white institution.* Journal manuscript under review.

Polyzopoulou, Z. A., Wade, N. G., Lall-Alvarez, C., Cornish, M. A., & *Maddikunta, S. (In Revision). *Self-forgiveness psychotherapy intervention: Cultural considerations for African-Americans, Asian-Americans, and Latinx-Americans.* Journal manuscript in revision.

*Stine-Woods, A., *Stewart, L., *Johnson, N., Cabirou, L. O., & Cornish, M. A. (Under Review). *Examining family and peer attitudes towards help-seeking among Black men*. Journal manuscript under review.

Manuscripts In Preparation (* denotes student co-authors)

Cornish, M. A., *Maddikunta, S. R., & Piscura, M. (In Preparation). *Childhood adverse and protective experiences: Effects on trust in healthcare team mediated by trauma symptoms and unhelpful pain beliefs in adults with chronic pain.* Journal manuscript in preparation.

Cornish, M. A., *Stine-Woods, A. J., Pearson, W. & *Smith, K. A. (In Preparation). *Adverse and protective childhood experiences and adult pain outcomes: Mediating effects of ambiguous loss and post-traumatic symptoms.* Journal manuscript in preparation.

*Horton, A., Cornish, M. A., & Cabirou, L. (In Preparation). *Better serving racial and ethnic minority trainees in multicultural competence training.* Journal manuscript in preparation.

*Horton, A., Sun, L. Y. L., Bhang, C. H., Ridzuan, N. H. A., Warner, A., Cabirou, L. O. & Cornish, M. A. (In preparation). *Ethnic intergroup relations in the United States: An exploration of collective and competitive victim beliefs among Black Americans and Asian Americans.* Journal manuscript in preparation.

*Maddikunta, S. R., *Spencer, C., Piscura, M., *Stine-Woods, A. J., Buchannon, C., Cawley, D., & Cornish, M. A. (In Preparation). *When medical providers make mental health referrals: Content analysis of reactions by adult patients with chronic pain.* Journal manuscript in preparation.

*Smith, K., Cornish, M. A., Sherman, H., & *Stine-Woods, A. J. (In Preparation). *Development and initial validation of a measure of ambiguous loss associated with childhood adversity.* Journal manuscript in preparation.

Funded External Grants

Evelyn A. Hunter (PI), William Meador (Co-I), Marilyn A. Cornish (Co-I), & Candice Hargons (Co-I). *Disrupting racism-related stress in multiple sclerosis: Co-constructing psychological intervention.* US Health Disparities (Multiple Sclerosis) Grant Initiative ($850,000), Bristol-Myers Squibb Foundation, 2024-2026 (Funded).

Marilyn A. Cornish (PI), Annette S. Kluck (Co-I), & Evelyn Hunter (Co-I). *Dialogue initiative on anti-oppressive education: Promoting greater purposes of higher education at Auburn University.* Campus Dialogue Grant: Realizing Higher Education's Greater Purposes ($5,000), Bringing Theory to Practice, 2017 (Funded, with institutional match).

Suhyun Suh (PI), with Marilyn A. Cornish (Statistical Consultant). *Needs assessment for the development of educational programs for Koreans/Korean Americans and Americans.* Academy of Korean Studies ($8,000), Seoul, South Korea, 2015 (Funded).

Marilyn A. Cornish (PI). *Promoting self-forgiveness and well-being: Testing a novel therapy intervention.* Charles J. Gelso, PhD, Psychotherapy Research Grant ($2,000), American Psychological Association Division 29: Psychotherapy, 2012 (Funded).

Marilyn A. Cornish (PI). *Effects of a counseling intervention to promote self-forgiveness.* Psi Chi Graduate Research Grant ($1,500), Psi Chi National Honor Society, 2012 (Funded).

Nathaniel G. Wade & Marilyn A. Cornish (Co-PIs). *Promoting self-forgiveness & wellbeing: Examination of a novel counseling intervention.* Division 17 Counseling Psychology Grant ($1,000), American Psychological Foundation, 2012 (Funded).

Funded Internal Grants

Marilyn A. Cornish (PI). *Trauma, Pain, and Care Experiences.* Special Education, Rehabilitation, and Counseling (SERC) Faculty Research Seed Grant ($2,100), Auburn University, 2024 (Funded).

Marilyn A. Cornish (PI). *Enhancing capacity for trauma-informed patient-centered chronic pain research in the Deep South.* Special Education, Rehabilitation, and Counseling (SERC) Phase II Seed Grant Program (course buyout), Auburn University, 2024 (Funded).

William Pearson (PI), Daniel Cawley (Co-I), Marilyn A. Cornish (Co-I), Annie Kirby (Co-I), Kevin Hayes (Co-I), Mary Piscura (Co-I), David Redden (Co-I), Bob Seton (Co-I), and Philip Snider (Co-I). *Medical Education and Research in Compassionate Integration (MERCI) Chronic Pain Clinic.* Research Eureka Accelerator Program (REAP) Grant ($40,000), Edward Via College of Osteopathic Medicine, 2024-2025, Funded.

Marilyn A. Cornish (PI). *Adult attachment, forgiveness of self and other, and personal and romantic relationship wellbeing.* Special Education, Rehabilitation, and Counseling (SERC) Faculty Research Seed Grant ($1,950), Auburn University, 2018 (Funded).

Marilyn A. Cornish (PI). *Self-forgiveness, interpersonal functioning, and relational outcomes.* College of Education Seed Grant Program ($3,265), Auburn University, 2018 (Funded).

Marilyn A. Cornish (PI). *Trust and relationship quality in romantic partners: The effects of forgiveness and self-forgiveness following relational transgression.* College of Education Seed Grant Program ($4,956), Auburn University, 2015 (Funded).

Marilyn A. Cornish (PI). *Enhancing counseling psychology students' theoretical orientation development.* Daniel F. Breeden Endowed Grant Program ($1,500), Auburn University, 2014 (Funded, with $1,500 match from Auburn University Learning Resources Center).

Marilyn A. Cornish (PI). *Promoting self-forgiveness: Testing the effectiveness of a new counseling intervention.* Department of Psychology Research Enhancement Grant ($500), Iowa State University, 2012 (Funded).

Nathaniel G. Wade & Marilyn A. Cornish (Co-PIs). *Effectiveness of an intervention to help people forgive themselves.* Department of Psychology Small Grants Program ($1,592), Iowa State University, 2012 (Funded).

Nathaniel G. Wade (PI), David L. Vogel (Co-I), & Marilyn A. Cornish (Co-I). *Understanding the Stigma for Seeking Help in the Military.* Department of Psychology Small Grants Program ($3,300), Iowa State University, 2011 (Funded).

Funded Contracts

Marilyn A. Cornish (PI). *2026-2028 Doctoral Student Assistantship at Lee County Youth Development Center*. Contract ($75,828), Lee County Youth Development Center, August 2026 – August 2028 (Funded).

Marilyn A. Cornish (PI). *2024-2026 Doctoral Student Assistantship at Lee County Youth Development Center*. Contract ($61,484), Lee County Youth Development Center, August 2024 – August 2026 (Funded).

Marilyn A. Cornish (PI). *2022-2024 Doctoral Student Assistantship at Lee County Youth Development Center*. Contract ($57,835), Lee County Youth Development Center, August 2022 – August 2024 (Funded).

Marilyn A. Cornish (PI). *FY22 Doctoral Student Assistantship at Lee County Youth Development Center*. Contract ($35,598), Lee County Youth Development Center, August 2021 – August 2022 (Funded).

Marilyn A. Cornish (PI). *FY21 Doctoral Student Assistantship at Lee County Youth*

Development Center. Contract ($30,912), Lee County Youth Development Center, August 2020 – August 2021 (Funded).

Marilyn A. Cornish (PI). *Summer 2020 Doctoral Student Assistantship at Lee County Youth Development Center*. Contract ($10,190), Lee County Youth Development Center, May 2020 – August 2020 (Funded).

Marilyn A. Cornish (PI). *2019-2020 Doctoral Student Assistantship at Lee County Youth Development Center*. Contract ($40, 717), Lee County Youth Development Center, May 2019 – May 2020 (Funded).

Marilyn A. Cornish (PI). *2018-2019 Doctoral Student Assistantship at Lee County Youth Development Center*. Contract ($37,380), Lee County Youth Development Center, May 2018 – May 2019 (Funded).

Unfunded Grants

Marilyn A. Cornish (Project Lead), Chenetra Buchannon (Project Co-Lead), and William Pearson (Sub-Contractor). *Building Empowered Capacity for Trauma-Informed Patient-Centered Chronic Pain Treatment Research.* Eugene Washington PCORI Engagement Award Program ($300,000), Patient-Centered Outcomes Research Institute (PCORI), 2025 (Not Funded).

Marilyn A. Cornish (Project Lead), Chenetra Buchannon (Project Co-Lead), and William Pearson (Sub-Contractor). *Enhancing Capacity for Trauma-Informed Patient-Centered Chronic Pain Research in the Rural South.* Eugene Washington PCORI Engagement Award Program ($300,000), Patient-Centered Outcomes Research Institute (PCORI), 2024 (Not Funded).

Evelyn Hunter (PI), Marilyn A. Cornish (Co-I), and Danielle Wadsworth (Co-I). *PEER MS: **P**sychosocial **E**mpowerment & **E**ngagement for **R**ecovery in **M**ood & **S**upport.* Identifying a Self-Management Solution to Support Depression Management for People Living with Multiple Sclerosis Research Grant ($200,000), National Multiple Sclerosis Society (NMSS), 2024 (Not Funded).

Marilyn A. Cornish (PI) and Jill Meyer (Co-I). *Cultivating Forgiveness: Effects on Personal and Relational Wellbeing for People with Spinal Cord Injury*. PEACE Grant ($100,000), Mind & Life Institute, 2020 (Not Funded).

Jeffrey W. Fergus (PI), Taffye Clayton (Co-I), Anne E. V. Gordon (Co-I), Alice Smith (Co-I), Daniel J. Svyantek (Co-I), Lauren E. Beckingham (Senior Personnel), Marilyn A. Cornish (Senior Personnel), and Joni Lakin (Internal Evaluator). *ADVANCE Auburn: Creating a culture and ecosystem for synergism and success (ACCESS)*. ADVANCE Adaptation Grant ($1,000,000), National Science Foundation, 2019 (Not Funded).

Jeffrey Fergus (PI), Annette S. Kluck (Co-I), Anne E. V. Gordon (Co-I), Alice Smith (Co-I), Daniel J. Svyantek (Co-I), Diane Boyd (Senior Personnel), Marilyn A. Cornish (Senior Personnel), & Joni Lakin (Internal Evaluator). *ADVANCE Auburn: Creating a culture and ecosystem for synergism and success (ACCESS)*. ADVANCE Adaptation Grant ($999,976), National Science Foundation, 2017 (Not Funded).

Marilyn A. Cornish (PI). *Racial microaggressions in group psychotherapy: Experiences of racial minority clients*. Group Psychotherapy Research Grant ($2,000), American Psychological Association Division 49, 2016 (Not Funded).

Nathaniel G. Wade (PI), with Marilyn A. Cornish (Consultant on initial submission). *Forgiveness in the hands of many: A nationwide forgiveness dissemination effort.* Human Sciences Research Grant ($1,703,500), John Templeton Foundation, 2015. (Online Funding Inquiry selected for full proposal [7.5% of OFIs were selected for full proposal]; Full Proposal Not Funded).

Nathaniel G. Wade (PI), Marilyn A. Cornish (Co-I), & Leslie S. Greenberg (Co-I). *Confessional and meditative prayer, self-forgiveness & virtue: Counseling to promote human flourishing."* New Directions in the Study of Prayer Research Initiative ($132,530). Social Science Research Council, 2012 (Not Funded).

Published Conference Proceedings

Rodriguez-Hernandez, M., Cornish, M. A., Green, A., & Wadsworth, D. D. (2024). Concurrent training promotes physical and psychological well-being in women: 2252. *Medicine & Science in Sports & Exercise*, *56*(10S), 818-819.

Chaired/Co-Chaired Conference Sessions (* denotes student co-authors)

Cornish, M. A. (2026, June). *Cultural missteps and clinical regrets: Trainee experiences and supervisory implications*. Continuing education session chaired at the 2026 Society for Psychotherapy Research conference, Osaka, Japan.

Cornish, M. A., & *Martinez, M. (2018, August). *Did that just happen? Responding to microaggressions committed by psychotherapy clients in session.* Conversation hour co-chaired at the 2018 convention of the American Psychological Association, San Francisco, CA.

Cornish, M. A. (2015, August). *Promoting self-forgiveness: Empirical evidence and clinical implications.* Symposium chaired at the 2015 convention of the American Psychological Association, Toronto, ON, Canada.

Invited Presentations (* denotes student co-authors)

Cornish, M. A., (2026, March). *Managing dual relationships in supervision*. Invited continuing education roundtable presentation at Council of Counseling Psychology Training Programs conference, Chicago, IL.

Cornish, M. A. (2024, January). *Creating a sense of community within counseling psychology training programs.* Invited roundtable presentation at Council of Counseling Psychology Training Programs conference, Santa Fe, NM.

Wang, C. D., & Cornish, M. A. (2024, January). *Preparing the American Psychological Association 5-year interim accreditation report.* Invited roundtable presentation at Council of Counseling Psychology Training Programs conference, Santa Fe, NM.

Cornish, M. A., Hunter, E., *Harris, L., *Messer, M., & Kluck, A. S. (2018, January). *Social justice in classroom teaching: Creating inclusive classrooms and promoting greater purposes of higher education.* Invited presentation at Conversations in Celebration of Teaching Symposium, Auburn, AL.

Currier, J. M., Fletcher, J. C., & Cornish, M. A. (2017, November). *Moral injury.* Invited panel presentation at the 5th Annual Veterans Disability Symposium. Birmingham, AL.

Refereed Conference Presentations (* denotes student co-authors)

*Chang, X., & Cornish, M. A. (2026, August). *The role of forgiveness in post-miscarriage psychological functioning*. Poster presented at the 134th annual convention of the American Psychological Association, Washington, DC.

*Maddikunta, S. R., Cornish, M. A., & *Chang, X. (2026, August). *Bound by bonds: Attachment, forgiveness, and mental health in young adults*. Poster presented at the 134th annual convention of the American Psychological Association, virtual.

*Stine-Woods, A. J., Cornish, M. A., & *Ward, M. (2026, August). *What shapes mental health help-seeking decisions for Black adults?* Poster presented at the 134th annual convention of the American Psychological Association, Washington, DC.

Cornish, M. A., Tsai, P.-C., *Chang, X., & *Stine-Woods, A. J., (2026, June). *Supervisory rapport and supervisee outcomes following clinical regrets: The mediating role of self-forgiving process.* Continuing education (CE) credit-bearing presentation at the 57th International Annual Meeting of the Society for Psychotherapy Research, Osaka, Japan.

Tsai, P.-C., *Stine-Woods, A. J., *Chang, X., & Cornish, M. A. (2026, June). *Qualitative findings of trainee clinical regrets and working through strategies*. Continuing education (CE) credit-bearing presentation at the 57th International Annual Meeting of the Society for Psychotherapy Research, Osaka, Japan.

Hunter, E. A., Jones, A., Meador, W., Cornish, M. A., & *Hassan, M. (2026, May). *Access, Relationships, and Community (ARC) to DisruptMS: A scalable recruitment framework for Black persons living with MS*. Presentation at the 2026 annual meeting of the Consortium of Multiple Sclerosis Centers, Charlotte, NC.

Pearson, W., Logullo, D., Hayes, K., Snider, P., Kirby, A., Cornish, M., Cawley, D., Piscura, M., Seton, B., & Redden, D. (2025, November). *MERCI (Medical Education and Research in Compassionate Integration) Chronic Pain Research Collaborative update.*

Presentation at the 2025 Via College of Osteopathic Medicine (VCOM) Research Retreat, Monroe, LA.

Cornish, M. A., Woodyatt, L., & Wenzel, M. (2025, August). *Trait Responses to Interpersonal Offenses Scale (TRIOS): Further development and validation.* Poster presented at the 133rd annual convention of the American Psychological Association, Denver, CO.

*Green, A. J., & Cornish, M. A. (2025, August). *Flourishing while Black: Joy and Gratitude as protective factors for the experience of race-based stress.* Poster presented at the 133rd annual convention of the American Psychological Association, Denver, CO.

*Johnson, N., Coleman-Kirumba, L., *Stine-Woods, A., & Cornish, M. A. (2025, August). *Counseling through their eyes: Black men's insights on improving counseling practices.* Poster presented at the 133rd annual convention of the American Psychological Association, Denver, CO.

*Maddikunta, S. Cornish, M. A., *Underwood, D., *Petcoff, E., & Hunter, E. A. (2025, August). *Racial discrimination and cognitive function in African Americans with multiple sclerosis: Unraveling the link.* Poster presented at the 133rd annual convention of the American Psychological Association, Denver, CO.

*Perry-Jackson, A., & Cornish, M. A. (2025, August). *From trauma to connection: Examining ACEs, emotion regulation, and friendship quality in Black adults.* Poster presented at the 133rd annual convention of the American Psychological Association, Denver, CO.

*Rossi, C. A., Cornish, M. A., & *Spencer, C. (2025, August). *Only human: Conceptualizing inclusion of therapists with mental health struggles from a values-based lens.* Poster presented at the 133rd annual convention of the American Psychological Association, Denver, CO.

*Stine-Woods, A., Coleman-Kirumba, L., *Johnson, N., & Cornish, M. A. (2025, August). *Examining family and peer attitudes towards help-seeking among Black men.* Poster presented at the 133rd annual convention of the American Psychological Association, Denver, CO.

Cornish, M. A. (2025, July). *Self-forgiveness counseling: Theory, research, and practice.* Paper presentation at the 2025 International Association for Counseling (IAC) Conference, St. Julians, Malta.

Cornish, M. A., Cabirou, L. O., *Maddikunta, S., Grey, C., & Horton, A. (2025, July). *Trait responses to interpersonal offenses: A dyadic examination of impact on romantic partner relationship quality.* Poster presented at the 2025 International Association for Counseling (IAC) Conference, St. Julians, Malta.

*Stine-Woods, A., Coleman-Kirumba, L., *Johnson, N., & Cornish, M. A. (2025, March). *Exploring the impact of family and peer attitudes on help-seeking behaviors among Black*

men. Poster presented at the 2025 Student Research Symposium, Auburn University, Auburn, AL.

Cornish, M. A., Cooper Bhatia, J., *Hanks, M. A., Hunter, E. A., & *Coleman-Kirumba, L. (2023, August). *Racial-ethnic events in group counseling: Qualitative examination of experiences of clients of Color.* Poster presented at the 131st annual convention of the American Psychological Association, Washington, DC.

Sherman, H., Short, K., Cornish, M. A., & Lucier-Greer, M. (2023, August). *What's the sitch?: An examination of situational forgiveness, religion/spirituality, & moral injury.* Poster presented at the 131st annual convention of the American Psychological Association, Washington, DC.

*Alvarez, J., McCabe, B. E., & Cornish, M. A. (2022, August). *Psychocultural factors and stigma in minoritized populations: How to increase treatment seeking.* Poster presented at the 130th annual convention of the American Psychological Association, Minneapolis, MN.

Cornish, M. A. (2022, August). *Forgiving you and forgiving me: Dyadic influence of trait forgiveness in romantic relationships.* Poster presented at the 130th annual convention of the American Psychological Association, Minneapolis, MN.

*Short, K., Meyer, J., & Cornish, M. A. (2022, August). *Conceptualizing connections between ambiguous loss, adverse childhood experiences, and forgiveness.* Poster presented at the 130th annual convention of the American Psychological Association, Minneapolis, MN.

*Short, K., & Cornish, M. A. (2021, August). *Conceptualizing situational forgiveness with spinal cord injuries.* Poster presented at the 129th annual convention of the American Psychological Association, virtual conference.

Cornish, M. A., *Schwartzman, C., Sauer, E., & Kritchfield, K. (2020, August). *Interested in psychotherapy education and training? Get involved in Division 29!* Poster presented at the 128th annual convention of the American Psychological Association, Washington, DC.

*Coleman, L. *Horton, A, & Cornish, M. A. (2020, August). *Exploring the effects of Black masculinity on psychological help-seeking attitudes.* Poster presented at the 128th annual convention of the American Psychological Association, Washington, DC.

*Horton, A. J., *Coleman, L., & Cornish, M. A. (2020, August). *The role of empathy and resilience in collective and competitive victimization.* Poster accepted for presentation at the 128th annual convention of the American Psychological Association, Washington, DC.

*Ballester, E., *Hanks, M. A., Cornish, M. A., & Jones, A. (2020, August). *Internalized homophobia, outness, and concealment: Predicting relationship satisfaction in LGBQ+ people.* Poster presented at the 128th annual convention of the American Psychological Association, Washington, DC.

Cornish, M. A., & *Short, K. (2020, April). *Out of the office and into the community: Using*

clinical and research expertise to support community foundations. Poster accepted for presentation at the Counseling Psychology Conference, New Orleans, LA. Conference cancelled due to COVID-19 pandemic.

Cornish, M. A., *Grey, C., & *Rossi, C. (2019, August). *Adult attachment, forgiveness of self & other, and personal & relational wellbeing.* Poster presented at the 127th annual convention of the American Psychological Association, Chicago, IL.

Cornish, M. A., Meyer, J. M., *Harris, L., & Hunter, E. A. (2019, August). *Forgiveness and wellbeing in individuals with spinal cord injury: Exploration of potential mediators.* Poster presented at the 127th annual convention of the American Psychological Association, Chicago, IL.

*Grey, C. J., Cornish, M. A., Ray, G. E., & *Horton, A. J. (2019, August). *Confirmatory factor analysis of the McGill Friendship Questionnaire for romantic partners.* Poster presented at the 127th annual convention of the American Psychological Association, Chicago, IL.

*Word, M., Cornish, M. A., *Coleman, K., & *Grey, C. (2019, August). *Understanding lay definitions of self-forgiveness.* Poster presented in the Society for Counseling Psychology student poster session at the 127th annual convention of the American Psychological Association, Chicago, IL.

Brenner, R. E., Cornish, M. A., Heath, P. J., Lannin, D. L., & Losby, M. (2018, August). *Seeking help despite the stigma; Psychological flexibility as a moderated mediator.* Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.

Cornish, M. A., & Tsai, P.-C. (2018, August). *Self-forgiveness in clinical training.* Symposium paper presented at the 126th annual convention of the American Psychological Association, San Franscisco, CA.

*Grey, C., Cornish, M. A., & Ray, G. E., (2018, August). *The link between personal relationships' quality, satisfaction, and interparental conflict.* Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.

*Harris, L., *Grey, C., *Ballester, E., & Cornish, M. A. (2018, August). *What to do when client microaggressions are directed at identities not held by the therapist?* Conversation hour presented at the 126th annual convention of the American Psychological Association, San Franscisco, CA.

*Harris, L., *Chason, C., *Townsdin, J., & Cornish, M. (2018, August). *Undergraduate psychology education: A multicultural training review.* Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.

*Phillips, K., *Harris, L., Cornish, M., & *Horton, A. (2018, August). *Black graduate students' experiences at a predominately White institution.* Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.

Cornish, M. A., & Woodyatt, L. (2017, August). *Trait Responses to Interpersonal Offenses Scale: Development of a trait self-forgiveness measure.* Poster presented at the 125th annual convention of the American Psychological Association, Washington, DC.

*Song, H., *Sun, Y., *Zhuzha, K., *Hayes, D., Kluck, A. S., & Cornish, M. A. (2017, August). *Mechanisms used through university counseling centers' websites to encourage group counseling.* Poster presented at the 125th annual convention of the American Psychological Association, Washington, DC.

*Harris, L., *Chason, C., *Townsdin, J., & Cornish, M. A. (2017, March). *Multi-cultural education: A review of undergraduate psychology curriculums.* Paper presented at the College of Liberal Arts Diversity Research Symposium, Auburn, AL.

Cornish, M. A., *Conroy, A. K., *Morris, G. W., & *Black, S. (2016, August). *Self-forgiving or self-excusing? The importance of responsibility following interpersonal offenses.* Poster presented at the 124th annual convention of the American Psychological Association, Denver, CO.

Tucker, J. R., Wade, N. G., Abraham, T., Bitman, R. L., Tittler, M., Cornish, M. A., & Post, B. C. (2016, August). *Modeling cohesion change in group therapy: The role of leader behaviors and client characteristics.* Poster presented at the 124th annual convention of the American Psychological Association, Denver, CO.

Cornish, M. A., & Wade, N. G. (2015, August). *Effects of a self-forgiveness counseling intervention.* Symposium paper presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.

Heath, P. J., Seidman, A., Vogel, D. L., Cornish, M. A., & Wade, N. G. (2015, August). *Help-seeking self-stigma in military men: The role of distress and restrictive emotionality.* Poster presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.

*Morris, G., & Cornish, M. A. (2015, August). *Moral injury with the veteran population in relation to an extended perspective on self-forgiveness.* Poster presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.

Wade, N. G., Cornish, M. A., & *Morris, G. (2015, August). *Self-forgiveness in counseling: Clinical case examples and considerations for practice.* Symposium presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.

Wade, N. G., Bitman, R., & Cornish, M. A. (2014, August). *Religion and spirituality in group counseling: Client and counselor perspectives.* Symposium paper presented at the 122nd annual convention of the American Psychological Association, Washington, DC.

Bitman, R. L., Wade, N. G., Cornish, M. A., Tucker, J. R., & Post, B. C. (2013, August). *Unforgiveness and forgiveness in those seeking counseling: A replication and extension.* Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.

Cornish, M. A., Vogel, D. L., & Wade, N. G. (2013, August). *Evaluation of an online help seeking stigma-reduction intervention for military personnel.* Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.

Griffith, A., Wade, N. G., Vogel, D. L., & Cornish, M. A. (2013, August). *Stigma associated with seeking help for female veterans: Insights from OEF and OIF female veterans.* Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.

Vogel, D. L., Freeman, A., & Cornish, M. A. (2013, August). *Indirect contact and stigma toward mental illness: Effectiveness of two video interventions.* Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.

Cornish, M. A., Thill, A., Wade, N. G., & Vogel, D. L. (2012, August). *Help-seeking stigma in the military: Insights from military personnel.* Poster presented at the 120th annual convention of the American Psychological Association, Orlando, FL.

Cornish, M. A., Wade, N. G., Post, B. C., & Tucker, J. R. (2012, August). *Promoting forgiveness: Specific interventions, group processes, and client characteristics.* Symposium paper presented at the 120th annual convention of the American Psychological Association, Orlando, FL.

Cornish, M. A., Guyll, M., & Lannin, D. G. (2011, August). *The effects of empathy and emotional information on forgiveness and cardiovascular response.* Poster presented at the 119th annual convention of the American Psychological Association, Washington, DC.

Cornish, M. A., Wade, N. G, Knight, M. A., Post, B. C., & Tucker, J. R. (2011, August). *The impact of meaning in duties, relationship strain, and religious coping on post-traumatic stress symptoms.* Poster presented at the 119th annual convention of the American Psychological Association, Washington, DC.

Knight, M. A., Wade, N. G, Cornish, M. A., Post, B. C., & Tucker, J. R. (2011, May). *Operation Iraqi Freedom: Impact of PTSD, combat exposure, and religious coping skills on relationship quality.* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

Cornish, M. A., Knight, M., & Wade, N. G. (2011, April). *Counselors' reflections on attending to religion and spirituality in group counseling.* Paper presented at the 9th Annual Mid-Year Conference on Religion and Spirituality (APA Division 36), Baltimore, MD.

Tucker, J. R., Wade, N. G., Cornish, M. A., Post, B. C., & Knight, M. A. (2011, April). *Reducing the self-stigma of seeking help through group intervention.* Poster presented at the 24th annual Great Lakes Conference, Bloomington, IL.

Cornish, M. A., & Wade, N. G. (2010, August). *Religion and spirituality in group counseling: Practitioners' perceptions and practices.* Paper presented at the 118th annual convention of the American Psychological Association, San Diego, CA.

Courses Taught

Graduate Courses, On-Campus
Advanced Practicum in Counseling Psychology
Advanced Practicum: Teaching
Advanced Theories: Psychodynamic/Interpersonal Theory
Colloquium in Counseling Psychology I
Colloquium in Counseling Psychology II
Counseling Applications of Lifespan Development
Counseling Supervision: Theories and Practice
Externship in Counseling Psychology
Great Ideas in Psychology
Group Counseling
Internship in Counseling Psychology
Professional Development and Internship Skills
Professional Seminar in Counseling Psychology
Research and Dissertation
Research Design in Counseling and Evaluation

Graduate Courses, Distance Education
Advanced Theories: Psychodynamic/Interpersonal Theory
Counseling Applications of Lifespan Development

Undergraduate Courses, On-Campus
Academic Learning Skills
Introduction to Psychology
Psychology of Religion
Psychological Tests and Measurement
Supervised Research Experience in Counseling

Advising

Counseling Psychology Doctoral Student Advisor
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Dissertation Committee Chair
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Dissertation Committee Member
Auburn University: Auburn, AL

Masters Student Committee Chair
Counseling Psychology Program, Auburn University: Auburn, AL

Masters Student Committee Member
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

- Clinical Mental Health Counseling
- Counseling Psychology
- School Counseling

Departmental Service

Director of Training, January 2019 – present
Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

Working Group on Program Changes Chair, November 2023 – present
Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

Opportunity and Access Committee Member, September 2024 – December 2025
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counseling Psychology Visiting Clinical Assistant Professor Search Committee Chair, Summer 2024
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Social Justice and Equity Committee Member, August 2020 – September 2024
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counselor Education Faculty Search Committee Member (2 positions), Fall 2022
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counseling Psychology Tenure-Track Faculty Search Committee Chair, Spring 2021
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counseling Psychology Visiting Assistant Professor Search Committee Chair, Spring 2020
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Budget Committee Member, January 2019 – January 2020
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counseling Psychology Faculty Search Committee Chair, Fall 2019
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Director of Practicum Training, January 2018 – August 2019
Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

Co-Director of Training, January 2018 – January 2019
Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

Faculty Advisor, January 2017 – August 2019
Association of Counseling Psychology Students (ACOPS), Auburn University: Auburn, AL

Counseling Psychology Faculty Search Committee Member, Fall 2018/Spring 2019
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counselor Education Faculty Search Committee Member, Fall 2018
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counselor Education Faculty Search Committee Member, Spring 2018
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counseling Psychology Faculty Search Committee Member, Fall 2017
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Director of Practicum Training, August 2017 – December 2017
Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

Counseling Psychology Faculty Search Committee Member, Spring 2016
Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

College and University Service

College of Education Website Working Group Member, September 2022 – May 2023
College of Education, Auburn University: Auburn, AL

Promotion & Tenure Panel Panelist, February 2020
College of Education, Auburn University: Auburn, AL

Climate Study Advisory Committee Member, Fall 2017 – Spring 2019
College of Education, Auburn University: Auburn, AL

Advisory Board Member, Fall 2017 – Summer 2019
Women's Resource Center, Auburn University: Auburn, AL

Scholarship and Innovation Committee Member, August 2015 – July 2018
College of Education, Auburn University: Auburn, AL

Faculty Senate Department Representative, August 2015 – August 2017
University Faculty Senate, Auburn University: Auburn, AL

Advisory Board Member, Fall 2016
Emotional Intelligence Course Development, Auburn University: Auburn, AL

Task Force Member, August 2011 – August 2012
Women Graduate Student Needs Assessment Task Force, Iowa State University: Ames, IA

Professional Service

Alabama Board of Examiners in Psychology Member, February 2025 – present
State of Alabama

Counseling Psychology Model Training Program Development Working Group Member,
September 2024 – present
Society of Counseling Psychology (APA Division 17)

Board Member at Large and Liaison to the Standing Committee on Advocacy, Inclusion & Diversity*,* August 2023 – August 2026
Council of Counseling Psychology Training Programs (CCPTP)

Presidential Initiatives Steering Committee Member, July 2024 – August 2025
Society of Counseling Psychology (APA Division 17)

Editorial Board Member, January 2020 – present
Journal of Counseling Psychology

Contributing Editor, January 2019 – December 2021
Psychotherapy Bulletin

Domain Representative for Education and Training, Board Member Jan 2019 – Dec 2021
Society for the Advancement of Psychotherapy (APA Division 29)

Ad Hoc Awards Committee Member, Nov 2019 – Dec 2021
Society for the Advancement of Psychotherapy (APA Division 29)

Proposal Reviewer for Annual Convention Programming, October 2015 – January 2020
Society of Counseling Psychology (APA Division 17)

Presidential Task Force on Communication and Member Relations, Feb 2019 – Sept 2019
Society for the Advancement of Psychotherapy (APA Division 29)

Continuing Education Committee Member, August 2016 – October 2019
Society of Counseling Psychology (APA Division 17)

Editorial Board Member, January 2016 – December 2016
Journal of Counseling Psychology

Proposal Reviewer for Charles J. Gelso Psychotherapy Research Grant, April 2016
Society for the Advancement of Psychotherapy (APA Division 29)

Ad Hoc Manuscript Reviewer
Couple and Family Psychology: Research and Practice
Counselling Psychology Quarterly

Current Psychology
Journal of Counseling Psychology
Journal of Positive Psychology
Journal for Specialists in Group Work
Psychotherapy
Traumatology

Outreach

Empowered Relief© Facilitator, January 2025 – current
Facilitate no-cost psychoeducational workshops on chronic pain management. Provide supervision to a student providing free individual counseling to patients with chronic pain (Auburn, AL).

"Coping During the Holidays" Panel Main-Event Speaker, November 2022
Presented on mental health during the holidays and how to effectively cope, to an audience of approximately 30 church members, on a panel with personal trainer and health coach (Opelika, AL).

"Moral Injury" Continuing Education Panelist, November 2017
Facilitated a 90-minute continuing education session in Birmingham, AL on moral injury and self-forgiveness for approximately 100 nurses, physicians, lawyers, counselors, psychologists, and other helping professionals who work with military veterans.

"Cultivating Self-Forgiveness in Your Life" Seminar Presenter**,** February 2017
Facilitated a two-hour seminar on self-forgiveness to a group of 10 women who are inmates at the Montgomery Women's Center (Montgomery, AL).

Social Justice Project Faculty Mentor**,** Fall 2016
Advised 14 doctoral students through completion of social justice advocacy projects for Professional Seminar in Counseling Psychology course.

Graduate Diversity Campus Experience (DiCE) Department Representative**,** 2016-2018
Represented the counseling psychology program for an event that provides an opportunity for students from underrepresented groups to learn about Auburn's graduate degree programs.

"Self-Forgiveness for Substance Abuse" Therapist Trainer/Consultant, 2016-19
Facilitated a full day workshop in Mobile, AL to train 11 therapists in my 10-session self-forgiveness individual counseling program. Provided consultation to this group and was co-investigator on an open trial of the effectiveness of the counseling program with veterans with substance use concerns.

"Scholars Committed to Opportunities in Psychological Education" Mentor, 2016, 2017
Served as a mentor at an annual workshop and mentoring event to improve recruitment of talented racial/ethnic minority students in psychology graduate programs.

"Helping Substance Abuse Clients Achieve Self-Forgiveness" Presenter**,** July 2013
Co-facilitated a half-day workshop on the use of psychological principles of self-forgiveness for 12 pastoral counseling staff members at UnityPoint Health (Des Moines, IA) who do in-patient substance abuse treatment.

"Healing the Past Through Self-Forgiveness" Continuing Education Presenter, Sept. 2012
Conducted a 2-hour continuing education program for approximately 25 medical and mental health professionals at Iowa Veterans Home (Marshalltown, IA) on the role of self-forgiveness in end-of-life concerns.

"Letting Go: Forgiveness and Mental Health" Continuing Education Presenter**,** Aug. 2012
Conducted a 2-hour continuing education program for approximately 20 medical and mental health professionals at Iowa Veterans Home (Marshalltown, IA) on the role of forgiveness of others in end-of-life concerns.

"Self-Forgiveness Counseling" Intervention Trial Investigator, May 2012 – October 2013
Facilitated a full day workshop in Ames, IA to train 7 therapists in an 8-session self-forgiveness individual counseling program I developed. I then served as primary investigator on a waitlist-controlled trial of the intervention program with community members with interpersonal regrets.

Clinical Experience

Clinical Partner and Practicing Psychologist, September 2019 – present
Auburn Psychological Wellness Center: Auburn, AL

Supervisor-of-Supervision for Counseling Psychology Students**,** August 2015 – present
Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Group Supervisor of Externship Students, August 2017 – August 2020
Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Group Supervisor of Advanced Practicum Students, August 2014 – May 2017, Spring 2019
Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Pre-doctoral Psychology Intern, August 2013 – July 2014
Counseling Center, University of Missouri: Columbia, MO

Individual Supervisor of Beginning Counseling Practicum Students, Aug 2011 – May 2013
Department of Psychology, Iowa State University: Ames, IA

Screening Counselor & Clinical Research Assistant, August 2009 – May 2013
Department of Psychology, Iowa State University: Ames, IA

Advanced Practicum Counselor and Neuropsychological Assessor, Aug 2011 – Nov 2012

Mental Health Division, Iowa Veterans Home: Marshalltown, IA

Group Counselor, August 2010 – August 2011
Network: A Group Counseling Program: Ames, IA

Advanced Practicum Counselor, January 2010 – May 2011
Student Counseling Service, Iowa State University: Ames, IA

Career Counselor, August 2009 – December 2009
Student Counseling Service, Iowa State University: Ames, IA

Current Memberships

Alabama Psychological Association (aPA)
American Psychological Association (APA)
Council of Counseling Psychology Training Programs (CCPTP)
Society for Psychotherapy Research (SPR)
Society for the Advancement of Psychotherapy (APA Division 29)
Society of Counseling Psychology (APA Division 17)
Society of Group Psychology and Group Psychotherapy (APA Division 49)
Trauma Psychology (APA Division 56)

Awards and Distinctions

Professional Improvement Leave Award Recipient, Auburn University Provost Office (Spring 2022). Competitive award for semester of teaching/administrative leave to engage in sustained professional growth and development.

Outstanding Commitment to Inclusion and Diversity Award, Auburn University College of Education (2018). Recognizes faculty and staff for their outstanding contributions to supporting inclusion and diversity in the college.

Professional Development Workshop Scholarship, Council on Counseling Psychology Training Programs (CCPTP; 2017). Supports attendance at workshop and CCPTP conference to create a pipeline of future leaders of counseling psychology doctoral training programs.

Diversity Award, Society for the Advancement of Psychotherapy (2015). Recognizes the best paper on racial/ethnic, gender, or cultural issues in psychotherapy based on work conducted by the first author during graduate studies.

Donald K. Freedheim Student Development Award, Society for the Advancement of Psychotherapy (2015). Recognizes the best paper on psychotherapy theory/practice/research based on work conducted by the first author during graduate studies.

University Research Excellence Award, Iowa State University (2012). Recognizes students

for outstanding research as seen in their theses and dissertations.

Outstanding Counseling Psychology Graduate Student Award, Iowa State University (2012). Recognizes the student who best embodies the scientist-practitioner model.

John A. Bath Graduate Fellowship, Iowa State University (2010). Supports a counseling psychology student with outstanding accomplishment in research and/or practice.

Robert W. Sledge Graduate Fellowship, Alpha Chi Honor Society (2008-2009). Supports the top two graduating national Alpha Chi members who are beginning doctoral study.

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