

Kameron B. Suire, PhD, ACSM-EP

Visiting Assistant Professor of Kinesiology, Department of Kinesiology, Auburn University
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EDUCATION

Doctor of Philosophy (PhD), Kinesiology, Auburn University, Auburn, AL (2017-2021)
Dissertation: *Motivational Interviewing (MI) for Weight Management in College Students: A Randomized Controlled Trial*

Master of Science (MS), Health and Human Performance, Northwestern State University, Natchitoches, LA (2014-2015)

Bachelor of Science (BS), Kinesiology, Louisiana Tech University, Ruston, LA (2011-2014)

RELEVANT WORK EXPERIENCES

2026-Present

Visiting Assistant Professor of Kinesiology-Auburn University, Kinesiology Department, 301 Wire Rd, Auburn, AL 36849.

2023-2026

Assistant Professor of Exercise Science- Berry College, Department of Kinesiology, Maple Dr, Mt Berry, GA 30149.

2021-2023

Postdoctoral Research Fellow- University of Kansas Medical Center, Division of Physical Activity and Weight Management Rainbow Blvd, Kansas City, KS 66103.

2017-2021

Graduate Teaching Assistant- Auburn University, Kinesiology Department, 301 Wire Rd, Auburn, AL 36849.

2014-2017

Exercise Physiologist-All Hours Fitness., 1015 N Pine St, DeRidder, LA 70634.

TEACHING EXPERIENCES

Courses Taught at Auburn University:

Motor Development, Fall 2026

Motor Learning Behavior, Fall 2026

Research Methods in Physical Activity (Graduate Course), Fall 2026

Courses Taught at Berry College:

Medical Aspects of Sport, Fall 2023, Spring 2024, Spring 2025

Leisure and Aging, Fall 2023

Medical Terminology, Fall 2023, Summer 2024, Fall 2025, Summer 2025, Summer 2026

Research Methods, Spring 2024, Spring 2025, Spring 2026

Community Health, Spring 2024, Fall 2025

Motor Learning Behavior, Fall 2024, Fall 2025

Exercise Psychology, Fall 2024, Fall 2025

Survey of Wellness, Spring 2025, Spring 2026

Health and Physical Education in Elementary Education, Spring 2025, Spring 2026

Exercise Assessment and Prescription, Spring 2026

Exercise Assessment and Prescription Lab, Spring 2026

Courses Taught at Auburn University (Graduate Student):

Sports Psychology, Fall 2018, Spring 2019, Fall 2019, Spring 2020, Summer 2020, Fall 2020, Spring 2021

Weight Management, Fall 2017, Spring 2018, Summer 2018, Fall 2018, Spring 2019

Wellness, Summer 2020

Active Auburn, Fall 2020, Summer 2021

GRANTS

2022 Healthy Weight Research Network (HWRN) Pilot and Feasibility Grant (**Funded** -\$35,000)

2022 Children's Center for Healthy Lifestyles and Nutrition (CHLN), Diversity Scholarship Grant for Pilot Study (**Funded** -\$20,000)

2025 Berry College Summer Development of Course-Based Undergraduate Research Experiences (CURE) Grant (**Funded**- \$1,250)

2025 Enhancing the First-Year Experience Grant for Berry Kinesiology Department:
“Transforming KIN 201 into a First-Year Experience Course” (Funded- \$5,000)

2025 Berry College Center for Teaching Excellence and Faculty Development AI Learning Module
Grant: **“Prompt Like a Pro: Unlocking the Full Potential of Generative AI” (Funded-\$500)**

2025-2026 Berry Center for Integrity in Leadership McCoy Course Development Grant:
“Motivating with Meaning: Character-Based Learning in Exercise Psychology” (Funded-\$500)

2026-2027 ACSM Exercise is Medicine-On Campus Franklin Microgrant: **“Level Up Berry’s Fitness: A Campus-Wide Exergaming & Wellness Challenge” (Funded-\$500)**

PEER-REVIEWED PUBLICATIONS

1. Suire, K. B., Kavookjian, J., & Wadsworth, D. D. (2020). Motivational interviewing for overweight children: A systematic review. *Pediatrics*, 146(5), e20200462.
2. Suire, K., Rodriguez-Hernandez, M., Brock, S., & others. (2021). Experiences of a walking intervention among obese, working women: A qualitative analysis. *Journal of Women’s Health Care Management*, 2(1), 111.
3. Suire, K. B., Kavookjian, J., Feiss, R., & others. (2021). Motivational interviewing for weight management among women: A meta-analysis and systematic review of RCTs. *International Journal of Behavioral Medicine*, 28(4), 403-416.
4. Suire, K., Carroll, A., & Wadsworth, D. D. (2021). Weight management among college females during the COVID-19 pandemic: A qualitative analysis. *Journal of Women’s Health Care Management*, 2(4), 130.
5. Suire, K. B., Kavookjian, J., Peart, A., & others. (2022). Impact of motivational interviewing as a follow-up among women with or at risk for metabolic syndrome. *SAGE Open Medicine*, 10, 205031212210950.
6. Suire, K. B., Spring, K., Jones, J., & others. (2022). Get Fit with Ring-Fit Adventure™: How does a novel active video game compare to a traditional exercise protocol? *Obesity and Diabetes Research*, 3(1), 117.
7. Winkler, D. J., Suire, K. B., Kavookjian, J., & Wadsworth, D. D. (2022). Motivational interviewing impact on cardiac rehabilitation program outcomes: A systematic review of randomized controlled trials. *Journal of Cardiac and Pulmonary Rehabilitation*, 6, 164.

8. Wadsworth, D. D., Spring, K. S., Johnson, J. L., Carroll, A. V., Sassi, J., Suire, K. B., Pangelinan, M. P., & Rudisill, M. E. (2022). Impact of a fundamental motor skill intervention on low-income preschoolers' body composition. *Translational Journal of the American College of Sports Medicine*, 7(3), e000161.
9. Gorczyca, A. M., Washburn, R. A., Smith, P., Montgomery, R. N., Koon, L. M., Hastert, M., Suire, K. B., & Donnelly, J. E. (2022). Feasibility and comparative effectiveness for the delivery of the National Diabetes Prevention Program through Cooperative Extension in rural communities. *International Journal of Environmental Research and Public Health*, 19(16), 9902.
10. Ptomey, L. T., Bodde, A. E., Hastert, M., Suire, K. B., Helsel, B. C., Gorczyca, A. M., Washburn, R. A., Rice, A. M., & Donnelly, J. E. (2022). Weight loss in adolescents with Down syndrome compared to adolescents with other intellectual disabilities enrolled in an 18-month randomized weight management trial. *Frontiers in Pediatrics*, 10, 1022738.
11. Wadsworth, D. D., Suire, K. B., Peart, A., Foote, S., Jones, C., Rodriguez-Hernandez, M., McDonald, J. R., & Pascoe, D. D. (2022). Concurrent exercise training: Long-term changes in body composition and motives for continued participation in women with obesity. *Journal of Functional Morphology and Kinesiology*, 7(4), 110.
12. Carroll, A., Spring, K., Winkler, D., Suire, K., & Wadsworth, D. (2022). How teacher verbal prompting and demonstrated modeling correlate to preschoolers' physical activity levels. *Journal of Physical Activity and Health*, 19(10), 729-737.
13. Bodde, A. E., Helsel, B. C., Hastert, M., Suire, K. B., Washburn, R. A., Donnelly, J. E., & Ptomey, L. T. (2023). The prevalence of obesity and lifestyle behaviors of parents of youth with intellectual and developmental disabilities. *Disability and Health Journal*, 16(1), 101430.
14. Suire, K. B., Spring, K., Jones, C., & others. (2023). Get Fit with Ring-Fit Adventure™: Physiological outcomes of a novel active video game intervention among women. *Journal of Women's Health Care Management*, 3(1), 135.
15. Suire, K. B., Spring, K., Jones, C., & others. (2023). Ring-Fit Adventure™: Psychological and qualitative outcomes of a novel active video game intervention. *Journal of Women's Health Care Management*, 3(2), 136.

16. Suire, K. B., Kavookjian, J., Strunk, K., & Wadsworth, D. D. (2024). Motivational interviewing for weight management among college students during COVID-19: An exploratory randomized controlled trial. *Obesity Pillars*, 9, 100061.
17. Suire, K., Hastert, M., Herrmann, S. D., & Donnelly, J. E. (2024). Feasibility of the flipped classroom approach for health education in a clinical weight loss program. *PEC Innovation*, 2, 100308.
18. Suire, K., Helsel, B. C., Bowling, A., Staiano, A. E., Sherman, J. R., Rice, A., & Ptomey, L. T. (2025). The adaptation of the GameSquad exergaming intervention for young adults with Down syndrome: A pilot feasibility study. *Disability and Health Journal*, 18(2), 101766.
19. Suire, K., Helsel, B., Bowling, A., Staiano, A., Sherman, J., Rice, A., & Ptomey, L. (2025). The adoption of the GameSquad exergaming intervention for young adults with Down syndrome: A qualitative analysis. *Medical Research Archives*, 13(6).
20. Wagner, G., Koon, L. M., Smith, P., Suire, K. B., Hastert, M., Donnelly, J. E., Olfert, M. D., Estabrooks, P., & Gorczyca, A. M. (2025). Assessing the fit of a digitally delivered National Diabetes Prevention Program among rural living adults: Qualitative study. *JMIR Formative Research*, 9, e70406.
21. Wadsworth, D.D., Peart, A., Jones, C., Rodriguez Hernandez, M., & Suire, K. (2025). Effects of sprint interval and resistance training on metabolic syndrome risk factors in black and white women. *European Journal of Sport Science*.
22. Suire, K. B., Zoller, R. W.*, Lambert, O.*, Sanchez Ruiz, M.*, Cunningham, K.*, Frankman, K.*, Chastain, H.*, Hayberg, T.*, & Barton, M.* (2026). Implementing Exercise Is Medicine on Campus: A mixed-methods evaluation of a student-led health promotion initiative at a small liberal arts college. *Medical Research Archives*, 14(1).
23. Suire, K., Hastert, M., Davis, J.*, & Fulcher, A.* (2026). Flipping with podcasts: Student perceptions of a flipped classroom model in kinesiology. *International Journal of Kinesiology in Higher Education*.
24. Wadsworth, D. D., Peart, A., Rodriguez-Hernandez, M., Cornish, M. A., Suire, K., & Green, A. (2026). Effect of combined sprint interval training and resistance training on psychophysiological outcomes in women at risk for metabolic syndrome. *Sport Sciences for Health*, 22(2), 186.

***Undergraduate student coauthor**

CONFERENCE PRESENTATIONS

1. Suire, K., Peart, A., Rodriguez-Hernandez, M., Foote, S., McDonald, J., Pascoe, D. D., & Wadsworth, D. D. (2018, February). Effect of high intensity interval training on body composition, VO_2 , and exercise enjoyment in young women. *Southeast Chapter of the American College of Sports Medicine (SEACSM) Annual Meeting*, Chattanooga, TN.
2. Suire, K., Venezia, A., Winkler, D., Peart, A., & Wadsworth, D. D. (2019, February). Body composition changes associated with a structured exercise program among children and adolescents. *SEACSM Annual Meeting*, Greenville, SC.
3. Peart, A., Suire, K., Venezia, A., Winkler, D., & Wadsworth, D. D. (2019, May). Body composition changes associated with a structured exercise program among children and adolescents. *American College of Sports Medicine (ACSM) Annual Meeting*, Orlando, FL.
4. Suire, K., Peart, A., Winkler, D., & Wadsworth, D. D. (2020, February). Motivational interviewing as a follow-up intervention among women at risk for metabolic syndrome. *SEACSM Annual Meeting*, Jacksonville, FL.
5. Winkler, D. D., Peart, A., Suire, K., & Wadsworth, D. D. (2020, February). Enjoyment assessment in women with metabolic disease after aerobic and resistance training program. *SEACSM Annual Meeting*, Jacksonville, FL.
6. Peart, A., Suire, K., Winkler, D. D., & Wadsworth, D. D. (2020, February). A sit and resistance training intervention on sedentary women with metabolic syndrome risk factors. *SEACSM Annual Meeting*, Jacksonville, FL.
7. Suire, K., Kavookjian, J., & Wadsworth, D. D. (2021, February). Physiological outcomes of motivational interviewing for weight management among college students during COVID-19. *SEACSM Annual Meeting*, Online.
8. Suire, K., Kavookjian, J., & Wadsworth, D. D. (2021, April). Physiological and psychological outcomes of motivational interviewing for weight management among college students during COVID-19. *Society of Behavioral Medicine (SBM) Annual Meeting*, Virtual Conference.
9. Jones, C., Suire, K., Spring, K., Winkler, D., Carrol, A., Merritt, M., & Wadsworth, D. D. (2022, February). Ring-Fit Adventure™ vs. spring interval and resistance training among adult women. *SEACSM Annual Meeting*, Greenville, SC.

10. Suire, K., Spring, K., Jones, C., Winkler, D., Carrol, A., Merritt, M., & Wadsworth, D. D. (2022, March). Ring-Fit Adventure™: Psychological and qualitative outcomes of a novel active video game intervention. *SBM Annual Meeting*, Baltimore, MD.
11. Suire, K., Spring, K., Jones, C., Winkler, D., Carrol, A., Merritt, M., & Wadsworth, D. D. (2022, May). Ring-Fit Adventure™: Outcomes of a novel active video game intervention. *ACSM Annual Meeting*, San Diego, CA.
12. Jones, C., Suire, K., Spring, K., Winkler, D., Carrol, A., Merritt, M., & Wadsworth, D. D. (2022, May). Comparison of Ring-Fit Adventure™ vs. spring interval and resistance training among adult women on body composition. *ACSM Annual Meeting*, San Diego, CA.
13. Rodriguez-Hernandez, M., Peart, A., Suire, K., Jones, C., & Wadsworth, D. D. (2022, May). The effect of sit and resistance training on metabolic syndrome outcomes for Black and White women. *ACSM Annual Meeting*, San Diego, CA.
14. Suire, K., Sherman, J., Helsel, B., Rice, A., & Ptomey, L. T. (2023, April). Initial feasibility of Ring-Fit Adventure™ for adults with Down syndrome. *SBM Annual Meeting*, Phoenix, AZ.
15. Suire, K., Bowling, A., Staiano, A., Sherman, J., Helsel, B., Rice, A., & Ptomey, L. T. (2023, May). The feasibility of the GameSquad exergaming intervention for young adults with Down syndrome. *ACSM Annual Meeting*, Denver, CO.
16. Wagner, G., Koon, L., Smith, P., Suire, K., Hastert, M., Donnelly, J., & Gorczyca, A. (2023, September). Rural participant insights into implementation of the National Diabetes Prevention Program. *Internal Medicine Research Day, University of Kansas Medical Center*, Kansas City, KS.
17. Suire, K., Bowling, A., Staiano, A., Sherman, J., Helsel, B., Rice, A., & Ptomey, L. T. (2024, February). Impact of the GameSquad exergaming intervention for young adults with Down syndrome on functional fitness. *SEACSM Annual Meeting*, Greenville, SC.
18. Suire, K., Bowling, A., Staiano, A., Sherman, J., Helsel, B., Rice, A., & Ptomey, L. T. (2024, April). The adaptation of the GameSquad exergaming intervention for young adults with Down syndrome: A qualitative analysis. *SBM Annual Meeting*, Philadelphia, PA.
19. Suire, K., Bowling, A., Staiano, A., Sherman, J., Helsel, B., Rice, A., & Ptomey, L. T. (2024, May). Energy expenditure and intensity of exergaming among young adults with Down syndrome. *ACSM Annual Meeting*, Boston, MA.

20. Gorczyca, A., Holmes, C., Koon, L., Smith, P., Suire, K., & Wagner, G. (2024, November). Assessing organizational determinants for implementation and delivery of the National Diabetes Prevention Program in rural communities through Cooperative Extension. *Midwest Clinical & Translational Research Meeting*, Chicago, IL.
21. Suire, K., Davis, J.*, & Fulcher, A.* (2025, February). Experiences of a flipped classroom approach from undergraduate kinesiology students: A qualitative analysis. *SEACSM Annual Meeting*, Greenville, SC.
22. Suire, K., Bowling, A., Staiano, A., Sherman, J., Helsel, B., Rice, A., & Ptomey, L. T. (2025, April). Exergaming effects on enjoyment and self-efficacy among young adults with Down syndrome. *SBM Annual Meeting*, San Diego, CA.
23. Davis, J.*, Fulcher, A.*, & Suire, K. (2025, April). Experiences of a flipped classroom approach from undergraduate kinesiology students: A qualitative analysis. *Symposium on Student Scholarship, Berry College*, Mount Berry, GA.
24. Suire, K., Bowling, A., Staiano, A., Sherman, J., Helsel, B., Rice, A., & Ptomey, L. T. (2025, May). Impact of the GameSquad exergaming intervention for young adults with Down syndrome on functional fitness. *ACSM Annual Meeting*, Atlanta, GA.
25. Barton, M.*, Zoller, R. W.*, Lambert, O.*, Cunningham, K.*, Chastain, H.*, Rodriguez, D.*, Russell, J.*, Taraska, D.*, & Suire, K. (2025, November). Perceptions of Exercise is Medicine on a college campus. *Conference on Student Research and Creativity at Berry College*, Mount Berry, GA.
26. Suire, K., Zoller, R. W.*, Lambert, O.*, Cunningham, K.*, Chastain, H.*, Rodriguez, D.*, Russell, J.*, & Taraska, D.* (2026, February). Perceptions of Exercise is Medicine on a college campus: A pre-program baseline assessment. *SEACSM Annual Meeting*, Greenville, SC.
27. Suire, K., Ries, M.*, Wood, J.*, Jetmore, A.*, Hayberg, T.*, Fonzo, N.*, & Bartolomei, N.* (2026, May). *Student perceptions of Exercise is Medicine on Campus following a campus-wide wellness initiative*. ACSM Annual Meeting, Salt Lake City, UT.

***Undergraduate student coauthor**

AWARDS

2022 KUMC Postdoctoral Career Development Award (**Funded** -\$1,400)

2023-2024 Diversity Infusion Award from the Berry College Center for Teaching Excellence and Faculty Development

2024-2025 Diversity Infusion Award from the Berry College Center for Teaching Excellence and Faculty Development

2025 Berry College Shatto Leadership and Service Award

COLLEGE SERVICE

Inclusive Postsecondary Education (IPSE) Fellow (2023)- Provided mentorship and instructional support to neurodivergent students through Berry's inclusive education initiative.

Chemistry Hiring Committee (2024)- Contributed to candidate review, interviews, and selection to meet institutional hiring needs.

Belonging Advisory Council (2024-2025)- Supported initiatives to enhance diversity, equity, and inclusion across campus culture.

Diversity, Equity, and Inclusion Faculty Learning Committee (2024-2025)- Engaged in faculty development promoting inclusive pedagogy and belonging.

Endowed Lectureship Committee (2025-2026)- Participate in review and selection of campus-wide speakers advancing Berry's liberal arts mission.

Exercise is Medicine-On Campus Faculty Advisor (2025-2026)- Oversee Berry's ACSM Gold Status-certified EIM-OC program; coordinate weekly student meetings, campus health events, and community partnerships.

Kinesiology Hiring Committee (2025)- Served on committee responsible for filling two distinct positions in Exercise Science and Sport Leadership & Strategy.

Early Career Faculty Learning Committee (2025-2026)- Collaborate with early-career peers on faculty success and retention programming.

Generative AI Faculty Learning Committee (2025-2026)- Support institutional conversations on the responsible and creative use of generative AI in teaching and scholarship.

PROFESSIONAL SERVICE

Motivational Interviewing Training Facilitator, Harrison School of Pharmacy, disease management and health promotion courses for first/third year pharmacy students, Fall 2018, Spring 2019, Fall 2020, Spring 2021, Spring 2023, Spring 2024, Fall 2024, Spring 2025, Spring 2026 Auburn University

Invited as Consultant Motivational Interviewing (MI) Training Facilitator for healthcare provider interventionists in FDA-funded research project, MediMergent, LLC, 2019 - 2021

Invited as Consultant Motivational Interviewing (MI) Training Facilitator for National Diabetes Prevention Program (DPP) Lifestyle Coaches training, Association of Diabetes Care and Education Specialists, September, 2020-2021

Invited Reviewer for *International Journal of Behavioral Medicine*

Invited Reviewer for *Sage Open Medicine*

Invited Reviewer for *Pediatric Obesity*

Invited Reviewer for *Translational Behavioral Medicine*

Invited Reviewer for *Communications Medicine*

Invited Reviewer for *Journal of Electronic Gaming and Esports*

Invited Reviewer for *Scientific Reports*

Invited Reviewer for *Journal of Intellectual Disability Research*

Invited Reviewer for *International Journal of Behavioral Nutrition and Physical Activity*

Invited Poster Reviewer for Southeast Chapter of American College of Sports Medicine

PROFESSIONAL ORGANIZATION MEMBERSHIPS

American College of Sports Medicine (2020-Present)

Southeast Chapter of American College of Sports Medicine (2020-Present)

Society of Behavioral Medicine (2020-Present)

CERTIFICATIONS AND ADDITIONAL SKILLS/TRAINING

ACSM Certified Exercise Physiologist (ACSM-EP)

ACSM Autism Exercise Specialist

Exercise is Medicine Credential Level 2

Advanced Motivational Interviewing Training (20 hours)

American Heart Association Basic Life Support

Physical Activity & Public Health Postgraduate Research Course (60 hours)

KUMC Biostatistics for Clinical & Translational Researchers Course

Cornell University Teaching & Learning in the Diverse Classroom Course

R-LAB: R for Lifestyle and Brain Health (Data Science) Training (15 hours)